Welcome to the Sognefjord – all year!

The Sognefjord – Fjord Norways longest and most spectacular fjord with the Flåm railway, Jostedalen glacier, Jotunheimen national Park, UNESCO Urnes stave church, local food, Aurlandsdalen valley, UNESCO fjord cruise, kayaking, glacier center, RIB-tours, hiking trails and other activities and accommodations with a fjord view. Motoriskpark, deer farm, bathing facilities, fjord kayaking, family glacier hiking, museums, centers, playland and much more for the kids.

The UNESCO Nærøyfjord was in 2004 titled by the National Geographic as “the worlds best unspoiled destination”. The Jotunheimen National park has fantastic hiking areas and Vettifossen - the most beautiful waterfall in Norway. There are marked hiking trails in Aurlandsdalen Valley and many other places around the Sognefjord. Glacier hiking at the Jostedalen glacier – the largest glacier on main land Europe – is an unique experience. There is also three National tourist routes in the area – Sognefjellet, Aurlandsfjellet (“the Snowroad”) and Gaulafjellet, with attractions such as the viewpoints Stegastein and “Utsikten”.

Summertime offers classic fjord experiences. In the autumn the air is clear and the fjord is dressed in beautiful autumn colors – the best time of the year for hiking and cycling. The autumns shifts to the “Winter Fjord” with magical fjord light, alpine ski touring, snow shoe walks, ski resorts, cross country skiing, fjord kayaking, RIB-safari, fjord cruises, the Flåm railway and guided tours to the magical blue ice caves under the glacier. The spring breaks in with flowering and snow powdered mountain tops – maybe the best time of year to visit the Sognefjord.

Welcome, any time of year!

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sognefjord.no
App: visitnorway

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AURLAND | LÆRDAL | ÅRDAL | SOGNDAL | LUSTER | LEIKANGER | BALESTRAND | VIK | HOYANGER
The longest fjord, the Sognefjord, lies in the heart of Fjord Norway and extends to the foot of the Jotunheimen and Jostedalsbreen National Parks. The area is both dramatic and hospitable, with exciting and invigorating activities for the whole family.

- major national attractions

**Longest | Biggest | Highest | Oldest**
Sognefjord
- Autumn and Winter

Sognefjorden has the best off-piste areas, good ski lifts and unique Fjord experience all year. The road to Jostedalen and Jotunheimen is short, where you find tours and guides that are highly valued.

Guided tours and courses
The Sognefjord invites you to amazing free skiing nature, as from the mountain top to the fjord. You will find experienced guides that take you to the best snow, and offer guiding and courses for all levels. Snowshoe-tours, iceclimbing courses, avalanche courses and tours to the magical caves under the Nigards glacier are some of the things you can do! The Fjellsportfestival which translates to Mountainsportfestival, is located in Sogndal and has become the winter highlight during winter for locals and guests of the fjord.

The Winterfjord
Cruises in the UNESCO world heritage Nærøyfjord during the Autumn and Winter, gives experiences with fjordlight and the brilliant area with steep mountains, wild waterfalls and the vivid cultural landscape. Flåmsrailway is crowned as one of the world’s most beautiful railway distances and is open all year round. In addition there are many other activities that are open all year, per example the viewpoint of Stegastein.

Activities
The Sognefjord is the center for adventurous experiences where you are close to nature, in a kayak or a RIB-tour during Autumn, and in winter with the snow covered mountains. Explore the fjord with a bike during Autumn, or try the bike-trails close to the fjord. Perceive the colours of the Autumn in the fantastic tour areas in Jotunheimen Nationalpark with the Hurrungane and Utladalen in Årdal, Stalsheimen, Aurlandsvalley, Rallarway, Molden and many more...

Ski resorts
There are several resorts in the Sognefjord, but mainly Sogndal ski center and Sogn Skicenter which lies only 25 minutes from each other, with one joint pass. The centers have different skilevels and fulfill each other perfectly. You will find childrenparks, cross-country and lighted trails, large off-piste areas and groomed skiing for learners and experienced skiers. Skitours into the UNESCO world heritage, Off-piste with a fjord view and Vetti area with the glaciers kingdom in Årdal.

For accommodation, transportation and activities check: www.sognefjord.no and www.sognefjord.no/vinter

The Sognefjord is beautiful
- all four seasons

During Spring the waterfalls are large, fruit trees in blossom, mountain tops still white with frost and the air is crispy clear.

Summertime in the fjord brings a variation of experiences, as the cruise in UNESCO World Heritage Nærøyfjord, visit the stave churches and let the guides give a hike on the Jostedals Glacier.

In Autumn the Sognefjord is covered with all the strong colours, red and yellow in the mountain area, and later by the fjords. This is the best time for hiking the mountains, and go berry picking.

The Winterfjord gives you fjord experiences, the magical blue ice caves under the glacier, off-piste skiing, fjordlight, snowshoe tours, alpine resorts and guided tours to the steep mountains.
The Sognefjord - and the beautiful fjord arms

The more than 204 km long Sognefjord lies in the heart of Fjord Norway, and is the longest and deepest fjord in Norway. At its deepest, the fjord plunges to more than 1,300 m and the mountains along the fjord rise to more than 1,700 m.

The Sognefjord has several distinctive fjord arms winding their way between steep mountains to end in small, picturesque villages. One of the most well known branches of the Sognefjord is the narrow Nærøyfjord, which is included on UNESCO’s World Heritage List. You can choose between different boat trips to experience the beauty of the fjords all year round. Other tempting fjord activities are kayaking, fjord rafting, angling, rowing, swimming and much more.

The Sogn Fjord Museum at Kaupanger tells the story of life beside the fjord, and the Sognefjord Aquarium gives you a picture of life in the fjord itself.

Highlights

The Vest Norwegian Fjords
Since 2005, the area defined as the West Norwegian Fjords, comprising the Geirangerfjord and Nærøyfjord, has been included on UNESCO’s World Heritage List of the world’s cultural and natural heritage of outstanding universal value. The world heritage value of the Nærøyfjord area can be summed up as follows: a fjord landscape with active geological processes, a rich flora and fauna, and a beautiful natural landscape from fjord to mountains, with glaciers, forests, waterfalls and free-flowing rivers, and a cultural landscape that adds perspective to the natural landscape.

Nærøyfjord - narrow and dramatic
The Nærøyfjord is the narrowest, wildest and most famous of the fjord arms, and is a UNESCO World Heritage Site. The surrounding mountains rise steeply to reach towering heights and create a unique magical atmosphere. A ferry trip on the Nærøyfjord, from Kaupanger to Gudvangen, and a passangerboat from Flåm/Aurland, will take you through some of the most spectacular scenery in Norway.

Lusterfjord - inland towards the Jotunheimen, Breheimen and Jostedalsbreen
The landscape around the Lusterfjord is very picturesque, and many great artists have been inspired by the unique beauty of its scenery. The Lusterfjord extends all the way to the foot of the Jotunheimen and Breheimen mountains and the Jostedalsbreen glacier, and from Skjolden in the East to Solund in the West the Sognefjord measures an impressive 204 kilometres.

Fjærlandsfjord - inland towards the Jostedalsbreen Glacier
This beautiful fjord arm extends almost all the way up to the glacier tongues that reach down to the village of Fjærland, and most of the year the fjord has a beautiful bright green colour because of the meltwater from the glaciers that flows into the fjord.

Finnafjord - roadless and exotic
At the head of the distinctive Finnafjord, the mountains are steep and the scenery is spectacular. The famous cheese-maker Synnøve Finden was born and brought up beside this lovely fjord.
FREQUENT FLIGHTS TO SOGNDAL
We can offer frequent flights directly from Bergen and Oslo to Sogndal.
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999 nok

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Glacier tour
Fjærland

Experience coast, fjords and Bøyabreen on the same day! Round trip from Bergen. 1399 nok

Available June-August. Tickets can be purchased at www.fjordcruise.norled.no

Purchase day excursions tickets from the tourist information offices!

Experience:
- The Naeroyfjord (Kaupanger - Gudvangen) and the Flåm Railway
- The Fjærlandsfjord, Norwegian Glacier Museum and Bøyabreen
- Jostedalsbreen, Breheimensenteret, Nigardsbreen
- Express boat Flåm - Bergen - Discover Bergen on a day trip
- Utnes Stave Church
- Balestrand/Leikanger - Flåm
- Norway in a nutshell© and Sognefjord in a nutshell
- Bus Aurlandsfjellet - “The Snow Road”, Bjarnehiet, Stegastein
- Cruise on the Lustrafjord
- Sogndal - Bergen city
- Island hopping in outer Sogn
- Flåm - Gudvangen
- RIB-boat trip to Finnafjord
- Roadless Farms (Vik - Ortnevik)

We also sell tickets for other ferries, boats and activities in the area.

For charter boat trips and other boat trips: www.sognefjord.no

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National Tourist Routes in Sognefjord

**National Tourist Route Aurlandsfjellet**
You will see snow lying beside the road during most of the summer, which is why the road is often called the ‘Snow Road’. The route has attractions such as the artwork ‘Den’ (Bjørnehiet) and the spectacular Stegastein viewing platform, and it is famous for its breathtaking views. The road from Aurland to the Stegastein viewpoint is open all year.

**National Tourist Route Gaularfjellet**
The Gaularfjellet mountains lie to the north of Balestrand, and the road from Balestrand to Moskog (near Førde) and Eldalsen - Sande passes through them. On the Balestrand side, the road twists and turns through nine hairpin bends. There are many beautiful rivers and waterfalls along the route. At the top there is a magnificent view.

**National Tourist Route Sognefjellet**
Route 55 across the Sognefjell mountain area between Luster and Lom is the highest and most impressive mountain pass in Northern Europe (highest point 1430 meters), and it has been awarded the status of National Tourist Route because of the spectacular and wild mountain scenery it passes through in the Jotunheimen National Park.

www.nasjonaleturistveger.no

Other nice mountain passes

**Tindevegen**
A beautiful mountain road between Øvre Årdal and Furtado, with great views of magnificent scenery and the impressive peaks of the Jotunheimen mountains. Just a short walk from the road, you can enjoy fantastic panoramic views of the Hurrungane peaks and Store Skagastolstind mountain in the east, and of the inner reaches of the Sognefjord and Skjolden in the west. Tindevegen is a toll road for motorbikes, private cars, camper vans and caravans.

**Vikafjellsvegen (Stølsheimen)**
The road through the mountain area between Vik and Vinje/Voss (route 13) provides an ideal base for hikes in both the Vikafjellet and the Stølsheimen mountains, where there are many old summer pasture farms set in hilly terrain. All of the old mountain pasture

Most roads are open all year, but some are closed during the winter months. For information about current road conditions, please call (+47) 815 48 991 (hold for information in English). For information on bus services across the mountains, please call (+47) 57 65 95 12 or visit www.ruteinfo.net and www.nettbuss.no
At 500 square kilometres, Jostedalsbreen is the largest glacier in mainland Europe. This gigantic mass of ice covers mountain peaks and deep valleys in the National Park and its spectacular arms of blue ice extend down to the lush valleys near our fjords. Many people are amazed when they realize how accessible these glacier arms are, and discover that it can be almost as warm by the ice as it is down by the fjord.

In Jostedalen, Fjærland and several other places, you can enjoy glacier walks, led by experienced guides who know the area like the palm of their hands. On the Nigardsbreen glacier in Jostedalen, daily family walks are among activities organised throughout the summer. Visit the national park centers Norwegian Glacier Museum and the Breheimenteret (Jostedal Glacier Visitors Centre) to learn more about the Jostedalsbreen National Park.

In 2008, Luster municipality with its three national parks (Jotunheimen, Jostedalsbreen and Breheimen) was designated a national park municipality. This is a hallmark of significance and administrative areas granted this status encompass large and invaluable wilderness areas.
Highlights

**Nigardsbreen Glacier, Jostedal**
This is one of the most accessible glaciers, where you can peer into the blue ice at very close range, and everyone above the age of six can join guides on glacier walks. You can also walk alongside the lake. Children above 6 years old can participate.

**Flatbreen / Supphellebreen Glacier, Fjærland**
The Flatbreen glacier can be seen from the fjord, and can be reached on foot. The beautiful walk up to the glacier and the Flatbrehytta cabin takes about 3 hours. Guided glacier walks on Flatbreen can be ordered. You can drive by car to Supphellebreen.

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**Transport to the Glacier**

**JostedalsBrebussen – the Jostedalsbreen glacier bus**
- Daily departures Sogndal - Nigardsbreen (Jostedal).
- Connections from Balestrand, Leikanger, Vik, Flåm, Lærdal, Årdal and other places.
- A great opportunity for glacier walking, kayaking, canyoning, rafting or just admire the glacier and visit the Breheimsenteret.

**Brebåten - the glacier boat, Jostedal**
- Season: Daily from approx 10 June – 1 Sept (usually 10 – 18)
- Provides a daytime shuttle service in the summer season between the car park at Nigardsbrevatnet lake and the Nigardsbreen glacier.

**Brebussen – the glacier bus, Fjærland**
- Daily service starting from the ferry landing in Mundal and going via the Norwegian Glacier Museum to the Bøyabreen and Supphellebreen glaciers, with connections from Sogndal, Flåm, Balestrand and other places in the summer season.
- A great opportunity to see the glacier and visit the Norwegian Glacier Museum etc.
- Return tickets (including the boat trip, bus and glacier museum) are on sale at the tourist information offices.
- Season: June, July, August.

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**Bergsetbreen Glacier, Jostedal**
The spectacular Bergset glacier, only an hour’s easy walk from the road, is one of the most beautiful and impressing glacier arms.

**Austeraldalsbreen Glacier, Veitastrond**
"The finest ice scenery in Europe", said the English mountaineer W.C. Slingsby about Austeraldalsbreen and the three ice falls called Loke, Odin and Tor.

**Boyabreen Glacier, Fjærland**
You can see the Boyabreen at quite close range from the main road in Fjærland, or admire it from the Brævasshytta restaurant, even closer to the ice.

**Guided glacier walks**
If you join a guided glacier walk you can visit several other beautiful glacier arms, both in Jotunheimen and in Jostedalen (for instance the Austeraldalsbreen and the Tunsbergsdalsbreen).

Be aware that the glacial ice is always in motion and blocks of ice can break off from the glacier front. Never hike on the glacier without a local guide or venture past the barriers that have been erected.
The Jotunheimen National Park
- and other beautiful mountain areas

You can ramble beside the fjord, follow culture trails and historical roads or head for the mountains and enjoy unique views of the fjord, mountains and glaciers. Many places also offer guided treks, walks, glacier walking and climbing.

Large network of paths and mountain cabins
The Norwegian Trekking Association (DNT) has many waymarked trails and welcoming staffed lodges and cabins in the mountains around the fjord, and Luster is the municipality in Norway with most DNT cabins. The standard ranges from rather luxurious staffed lodges that serve meals to simple self-service cabins. You can walk from cabin to cabin or use the cabins as a base for day hikes in the mountains.

Seasons and weather
The Sognefjord is a great area for outdoor pursuits all year round, but July, August and September are the very best months for walking in the mountains. Remember that the weather changes faster in the mountains than in the lowlands and that you may be surprised by sudden storms and mist.

Aurlandsdalen
The track through the legendary Aurlandsdalen valley is one of the ancient routes between Eastern and Western Norway. Beautiful and wild, rich in flora and fauna, cultural heritage, history, varied geology and good trout fishing. You can go walking for several days and stay overnight in trekking association cabins in the valley, or go on shorter walks based on travelling by bus or using your own car.

Breheimen National Park
Breheimen is the mountain area between the two national parks of Jotunheimen and Jostedalsbreen. The walk through the Markridsdalen valley is regarded as one of the most beautiful in Norway, and the Norwegian Trekking Association has voted it the walk with the richest flora. There are many summer pasture farms and large fishing lakes in the area, which are used extensively by both the locals and visitors.

Jostedalsbreen National Park
- the largest glacier
Almost half of the Jostedalsbreen National Park is covered by the Jostedalsbreen glacier, which is the largest glacier in mainland Europe.

Jotunheimen National Park
- the highest mountains in Norway
The whole of the Jotunheimen National Park consists of high mountains and glaciers, and it is here that you find Norway’s highest mountains. The three highest peaks are Galdhopiggen (2,469 m), Glittertind (2,465 m) and Store Skagastølstind (2,405 m). A drive along the national tourist road over the Sognefjell mountain between Lom in the East and Luster in the West gives you a close up view of Store Skagastølstind (Storen) and many other impressive peaks. In the summer season there is a bus service twice a day across the Sognefjell Road from Otta to Sogndal with correspondence from Oslo and Trondheim.
Kongevegen
Kongevegen, the old King’s Road over the Filefjell mountain pass was completed in 1793. It was the first road between Eastern and Western Norway. The road, which is a valuable part of Norway’s cultural heritage, runs east from Lærdalsøyri to the village of Vang in the Valdres area and is approximately 80 km long. Here, you can go on short or long walks, and it will be possible to cycle some sections of the road. Along the whole valley from Filefjell down to Lærdal, there are waymarked historical sections of the road that make ideal walks. The best known section is Vindhellavegen, which starts near Borgund Stave Church.

Stølsheimen
The Stølsheimen landscape preservation area is a mountain area with many summer pasture farms in hilly terrain bordering on a spectacular fjord landscape. Within the protected area you will also find the roadless and exotic Finnafjord in the municipality of Vik.

The Utladalen valley
The Utladalen valley is wild and dramatic. It is surrounded by the highest mountain area in Norway, with many summits of more than 2,000 metres. Here, you will find Vettisfossen, which, with a free fall of 275 metres, is the highest waterfall in Northern Europe. Utladalen is one of the deepest valleys in Europe, and visitors find its wild and fertile scenery spellbinding.

Waterfalls
There are several places in the Sognefjord region where you can see majestic waterfalls cascading down steep mountainsides, and some of these waterfalls are among Norway's highest.

Vettisfossen - "the most beautiful waterfall in Norway" (db.no)
With a free fall of 275 metres Vettisfossen is the highest protected waterfall in Norway. You can get there on foot by walking up the beautiful Utladalen in Øvre Årdal.

Feigumfossen, Kroken / Luster
The 218 metre high Feigumfossen waterfall is in an idyllic setting on the southern side of the Lusterfjord. You can take the short walk in to the falls or admire the view of it from the National Tourist Route on the northern side of the fjord.

Kvinnafossen, Hella / Leikanger
Kvinnafossen falls 120 metres and is situated right beside the main road between Leikanger and Hella. During the spring thaw, the spray from the waterfall reaches across the road.

Drivandefossen, Mørkridsdalen / Luster
Drivandefossen waterfall is found in beautiful and lush Mørkridsdalen in Skjolden, only a 15-20 minutes walk from the road. This is also the route to Åsetevatnet and the DNT-cabin at Fast.

Kjosfossen
The mighty Kjosfossen is one of many highlights on the Flåm Railway. It is possible to experience Kjosfossen all year, which gives the traveler the opportunity to visit a roaring waterfall during summer and pass by a snow and ice-covered waterfall during winter.

Kjelfossen, Gudvangen
Kjelfoss Waterfall is located in Gudvangen (municipality Aurland). Total height is 705 metre and the tallest single drop is 149 metre. You can see the waterfall from the quay in Gudvangen centre and from the £16.
## Mountain walk suggestions

<table>
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<th>Total walking time</th>
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<th>Highlights</th>
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<td>2-3 h</td>
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<td>1 h</td>
<td></td>
<td>Breathtaking fjord views.</td>
</tr>
<tr>
<td>Fuglesteig</td>
<td>Fortun/Luster</td>
<td>3 h</td>
<td></td>
<td>Lovely stone building and view of Skjolden and the fjord</td>
</tr>
<tr>
<td>Molden</td>
<td>Mollandsmarks/ Hafslø</td>
<td>3 h</td>
<td></td>
<td>Lovely fjord view</td>
</tr>
<tr>
<td>Prest</td>
<td>Bjørgo/Aurland</td>
<td>3 t</td>
<td></td>
<td>Panoramic views of the Aurland fjord</td>
</tr>
<tr>
<td>Saurdal valley</td>
<td>Saurdal/Balestrand</td>
<td>3-4 h</td>
<td></td>
<td>Easy and accessible area with many alternatively routes</td>
</tr>
<tr>
<td>Storehaugen</td>
<td>Haukåsen/Sognadal</td>
<td>3-4 h</td>
<td></td>
<td>Great view to Sognadal and the fjord</td>
</tr>
<tr>
<td>Vindhellavægen</td>
<td>Borgund Stave Church/ Lærdal</td>
<td>3-4 h</td>
<td></td>
<td>Old bridle path and royal road</td>
</tr>
<tr>
<td>The Waterfall Path</td>
<td>Gaula Mountain/ Balestrand</td>
<td>3-4 h</td>
<td></td>
<td>Along the way you will see 14 waterfalls and seven lakes</td>
</tr>
</tbody>
</table>

## Mountain walk suggestions

<table>
<thead>
<tr>
<th>Mountain walk</th>
<th>Place</th>
<th>Total walking time</th>
<th>Level of difficulty</th>
<th>Highlights</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kongevegstrekning</td>
<td>Filefjell / Maristova</td>
<td>3-4 h</td>
<td></td>
<td>Is suitable for children and young people. Mountain terrain.</td>
</tr>
<tr>
<td>Austerdalsbreen</td>
<td>Tungestolen/ Veitastrand</td>
<td>4-5 h</td>
<td></td>
<td>“The finest ice scenery in Europe”, (W.C. Slingsby)</td>
</tr>
<tr>
<td>Viaseithovden</td>
<td>Garden Lunde/ Feios i Vik kommune</td>
<td>4-6 h</td>
<td></td>
<td>High above the Sognefjord</td>
</tr>
<tr>
<td>Nuken</td>
<td>Sogndal centre</td>
<td>5-6 h</td>
<td></td>
<td>Popular walk. Views of summer pasture farms and villages</td>
</tr>
<tr>
<td>Storehaugen</td>
<td>Svigum/Lærdal</td>
<td>4-5 h</td>
<td></td>
<td>Lovely fjord view</td>
</tr>
<tr>
<td>Aurlandsdalen</td>
<td>Østerbo/Aurland</td>
<td>6 h</td>
<td></td>
<td>A very popular walk through what is often called Norway’s Grand Canyon</td>
</tr>
<tr>
<td>Flatbreen</td>
<td>Supphelledalen/ Fjærland</td>
<td>5 h</td>
<td></td>
<td>Great view of glacier and fjord</td>
</tr>
<tr>
<td>Raudmelen</td>
<td>Balestrand - Centre</td>
<td>6 h</td>
<td></td>
<td>Panorama view over the Sognefjord (0-978 m.a.s.l.)</td>
</tr>
<tr>
<td>Fannaråken</td>
<td>Turtagre / Jotunheimen</td>
<td>6 h</td>
<td></td>
<td>Peak in Jotunheimen, Alpine landscape, wonderful view</td>
</tr>
<tr>
<td>Tjuatoten</td>
<td>Dragsvik/ Balestrand</td>
<td>6-7 h</td>
<td></td>
<td>Views of ‘seven kingdoms’, old stone cross on the summit plateau</td>
</tr>
</tbody>
</table>

Buy maps and tour descriptions at the tourist offices. For cabin-to-cabin trips, find out more at www.turistforeningen.no
### Events 2015

Here is a list of events registered at the time of going to print. A complete list of events is available on our web site [www.sognefjord.no](http://www.sognefjord.no) or you can contact one of our tourist information offices for further information.

#### February

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Event</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>19.–22.</td>
<td>Sogndal</td>
<td>Mountain Sport Festival</td>
<td><a href="http://www.fjellsportfestivalen.no">www.fjellsportfestivalen.no</a></td>
</tr>
</tbody>
</table>

#### March

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Event</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>7.</td>
<td>Balestrand</td>
<td>Balestrand Open 2015, Freestyle</td>
<td><a href="http://www.balestrand-il.no">www.balestrand-il.no</a></td>
</tr>
</tbody>
</table>

#### April

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Event</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>18.</td>
<td>Leikanger</td>
<td>Kjeringi Open</td>
<td><a href="http://www.kjeringi-open.no">www.kjeringi-open.no</a></td>
</tr>
</tbody>
</table>

#### May

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Event</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>7.–10.</td>
<td>Turttagro</td>
<td>High Camp. Summit trips camp</td>
<td><a href="http://www.friflyt.no">www.friflyt.no</a></td>
</tr>
<tr>
<td>8.–10.</td>
<td>Balestrand</td>
<td>Balejazz – jazz festival</td>
<td><a href="http://www.balejazz.no">www.balejazz.no</a></td>
</tr>
<tr>
<td>9.–10.</td>
<td>Fjærland</td>
<td>Opening weekend, the Norwegian Book Town</td>
<td><a href="http://www.bokbyen.no">www.bokbyen.no</a></td>
</tr>
<tr>
<td>14.</td>
<td>Lærdal</td>
<td>Storehaugen opp. Uphill race</td>
<td>storehaugenopp.com</td>
</tr>
<tr>
<td>Medio</td>
<td>Jostedalen/Luster</td>
<td>Norwegian Glacier Festival</td>
<td><a href="http://www.brefestivalen.no">www.brefestivalen.no</a></td>
</tr>
<tr>
<td>21.–24.</td>
<td>Årdal</td>
<td>National park festival Under Storen</td>
<td><a href="http://www.avdal.no">www.avdal.no</a></td>
</tr>
<tr>
<td>28.–31.</td>
<td>Vik</td>
<td>‘Gamalost’ cheese festival</td>
<td><a href="http://www.gamalostfestivalen.no">www.gamalostfestivalen.no</a></td>
</tr>
<tr>
<td>29.–31.</td>
<td>Skjolden</td>
<td>Kulturdagane (cultural days) in Skjolden.</td>
<td></td>
</tr>
<tr>
<td>31.</td>
<td>Gudvangen</td>
<td>The Kongvegsmarsjen walk</td>
<td><a href="http://www.aurland.kommune.no">www.aurland.kommune.no</a></td>
</tr>
</tbody>
</table>

#### June

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Event</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.–14.</td>
<td>Gaupne</td>
<td>Lustramarknaden fair</td>
<td><a href="http://www.greatearaadal.no">www.greatearaadal.no</a></td>
</tr>
<tr>
<td>11.–14.</td>
<td>Årdal</td>
<td>Fjord til Fjell’ summer market</td>
<td><a href="http://www.home.no/mensen.ernst">www.home.no/mensen.ernst</a></td>
</tr>
<tr>
<td>13.</td>
<td>Fresvik, Vik i Sogn</td>
<td>The Mensen Ernst memorial run</td>
<td><a href="http://www.laerdalsmarknaden.no">www.laerdalsmarknaden.no</a></td>
</tr>
<tr>
<td>19.–21.</td>
<td>Lærdal</td>
<td>Lærdal market</td>
<td></td>
</tr>
<tr>
<td>20.</td>
<td>Fjærland</td>
<td>Solstice bookfair</td>
<td><a href="http://www.bokbyen.no">www.bokbyen.no</a></td>
</tr>
<tr>
<td>20.</td>
<td>Marifjøra/Luster</td>
<td>Molden Opp – uphill race</td>
<td><a href="http://www.moldenopp.no">www.moldenopp.no</a></td>
</tr>
<tr>
<td>26.–28.</td>
<td>Sogndal</td>
<td>Lerum Cup – football tournament</td>
<td><a href="http://www.sognefjordcup.no">www.sognefjordcup.no</a></td>
</tr>
<tr>
<td>26.–28.</td>
<td>Lærdal</td>
<td>Jordepleorock - music festival</td>
<td><a href="http://www.jordepleorock.no">www.jordepleorock.no</a></td>
</tr>
<tr>
<td>27.</td>
<td>Årdal</td>
<td>Fjøsblues’ blues concerts at Avdal Gard</td>
<td><a href="http://www.utladalen.no">www.utladalen.no</a></td>
</tr>
</tbody>
</table>

### Football matches in Sogndal, Fosshaugane Campus [www.sogndalfotball.no](http://www.sogndalfotball.no)

#### July

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Event</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>3.</td>
<td>Luster/Sogndal</td>
<td>Sognefjordrittet cycling race</td>
<td><a href="http://www.jotunheimenrundt.com">www.jotunheimenrundt.com</a></td>
</tr>
<tr>
<td>3.</td>
<td>Jotunheimen</td>
<td>Jotunheimen Rundt cycling race</td>
<td><a href="http://www.jotunheimenrundt.com">www.jotunheimenrundt.com</a></td>
</tr>
<tr>
<td>3.–5.</td>
<td>Årdal</td>
<td>Aurland market</td>
<td><a href="http://www.aurlandsmarknaden.no">www.aurlandsmarknaden.no</a></td>
</tr>
<tr>
<td>4.</td>
<td>Jotunheimen</td>
<td>Sognefjellrittet cycling race</td>
<td><a href="http://www.jotunheimenrundt.com">www.jotunheimenrundt.com</a></td>
</tr>
<tr>
<td>5.</td>
<td>Feios, Vik i Sogn</td>
<td>Vidasøyt Opp – uphill race</td>
<td><a href="http://www.feios.no">www.feios.no</a></td>
</tr>
<tr>
<td>14.–19.</td>
<td>Gudvangen</td>
<td>Viking market</td>
<td><a href="http://www.vikingvalley.no">www.vikingvalley.no</a></td>
</tr>
<tr>
<td>16.</td>
<td>Otternes</td>
<td>Consort - Eirv Pålsetott m band &amp; Valkynen All Stars</td>
<td><a href="http://www.vikingvalley.no">www.vikingvalley.no</a></td>
</tr>
<tr>
<td>23.–26.</td>
<td>Undredal</td>
<td>Geitostfestivalen – ‘goat’s cheese’ festival</td>
<td><a href="http://www.visitundredal.no">www.visitundredal.no</a></td>
</tr>
<tr>
<td>25.</td>
<td>Gudvangen</td>
<td>Rømstigen Opp – uphill race</td>
<td><a href="http://www.aurland-il.no">www.aurland-il.no</a></td>
</tr>
<tr>
<td>26.</td>
<td>Årdal</td>
<td>The Aurlandsmarsjen walk in the</td>
<td><a href="http://www.aurlandsdalvalley">www.aurlandsdalvalley</a></td>
</tr>
</tbody>
</table>

#### August

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Event</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Årdal</td>
<td>Verdsarvturen, World Heritage walk</td>
<td><a href="http://www.verdsarvturen.no">www.verdsarvturen.no</a></td>
</tr>
<tr>
<td>7.–8.</td>
<td>Årdal</td>
<td>MålRock Festival</td>
<td><a href="http://www.malrock.no">www.malrock.no</a></td>
</tr>
<tr>
<td>8.</td>
<td>Turttagro</td>
<td>Buff Fanarakken Opp – uphill race</td>
<td><a href="http://www.fanarakken.com">www.fanarakken.com</a></td>
</tr>
<tr>
<td>15.</td>
<td>Årdal</td>
<td>Aurlandsjellet Xtreme Triathlon</td>
<td><a href="http://www.aurland.kommune.no">www.aurland.kommune.no</a></td>
</tr>
<tr>
<td>21.–23.</td>
<td>Sogndal</td>
<td>Fjell og Fjordmooro</td>
<td></td>
</tr>
<tr>
<td>29.</td>
<td>Balestrand</td>
<td>Holmadagen Day</td>
<td></td>
</tr>
</tbody>
</table>

#### September

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Event</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>5.</td>
<td>Lærdal</td>
<td>Maristvedilen - mountain walk</td>
<td>laerdal.kommune.no</td>
</tr>
<tr>
<td>5.</td>
<td>Årdal</td>
<td>Tur til Tussen - Heirsnsøi - uphill race</td>
<td><a href="http://www.turttil1000.no">www.turttil1000.no</a></td>
</tr>
<tr>
<td>18.–19.</td>
<td>Jostedal</td>
<td>Blue tones below the glacier</td>
<td><a href="http://www.blatoanor.no">www.blatoanor.no</a></td>
</tr>
<tr>
<td>26.–27</td>
<td>Lærdal</td>
<td>Lærdal market</td>
<td>laerdalsmarknaden.no</td>
</tr>
<tr>
<td>Primo</td>
<td>Kaupanger</td>
<td>Låvedans – barn dance</td>
<td><a href="http://www.knaken.no">www.knaken.no</a></td>
</tr>
</tbody>
</table>

#### October

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Event</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>30. – 1.11</td>
<td>Årdal</td>
<td>Nynorske Litteraturdag – literature festival</td>
<td><a href="http://www.nynorsk">www.nynorsk</a> litteraturdag.no</td>
</tr>
</tbody>
</table>

#### November

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Event</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>21.–22.</td>
<td>Lærdal</td>
<td>Christmas market</td>
<td>laerdalsmarknaden.no</td>
</tr>
</tbody>
</table>

---
The wonderful Sognefjord landscape, with its cascading waterfalls, blue glaciers, fertile valleys, narrow fjord arms, massive mountain ranges and idyllic villages has been a magnet for explorers, mountaineers and artists for more than 150 years. It has an abundance of interesting culture and is home to many national cultural treasures. Vibrant communities offer genuine cultural experiences, unique visitor centres, museums, art galleries, stave churches and historical sites.

Attractions

The Norwegian Book Town in Fjærland has more than 250,000 second-hand books in several different languages. Some of the bookshops also double as small cafés and art galleries, or handcraft outlets.

Akvarium
Sognefjord Aquarium
Place: Balestrand
Tel: (+47) 57 69 13 03
www.kringsja.no/akvarium.html
Season: May - Sept

The Aurland shoe
Visit to Aurland shoe factory
Place: Aurland
Tel: (+47) 57 63 32 12
www.walaker.com
Season: Open all year

The Flåm Railway invites you on a spectacular train journey with a panoramic view of some of the wildest and most striking examples of Norwegian fjord and mountain landscape. In less than an hour the train ascends 865 meters from Flåm to Myrdal going through 20 tunnels. The Flåm Railway is one of steepest railway lines in the world on normal tracks.

Brewerypub
Agir Brewery & Pub
Place: Flåm
Tel: (+47) 57 63 20 50
www.flamsbryggeria.no
Season: Open all year

We invite you to our Viking style brewery and pub with slate floor, driftwood walls, dragon heads and a 9 metre high fireplace. Production of handcrafted beers. Viking-inspired menu served based on our culinary philosophy. Agir beer in and to food! We offer beer and aqvavit tasting for groups.

Secondhand books
The Norwegian Book town
Place: Fjærland
Tel: (+47) 57 69 22 10
www.bokbyen.no
Season: May - Sept

The beautiful old village centre in Lærdal, with 170 listed wooden houses from the 18th and 19th centuries. A unique and authentic Western Norwegian built environment with shops selling antiques, books and souvenirs. Gallery: The Lærdal Market. The Postal Museum and Telecom Museum. Guiding is available from medio June until medio August.

Visitor Center
Norwegian wild salmon centre
Place: Lærdal
Tel: (+47) 57 66 67 71
www.norsk-villakssenter.no
Season: Mid May to Mid September

The building as is stands today was built in 1883 using materials from the old timber-built church in Solvorn, which was constructed in approximately 1600. The old building, well worthy of preservation, has housed exhibitions of works by both local and national artists.

Stave Church & Village walk
Life in a small fjordvillage with its small church
Place: Undredal, location at the visitor center.
www.undredal-stavkyrkje.com
Season: June - August

Join a guided walk and learn about life in a fjord village. The walk ends up with a guided experience in Undredal Stave Church, where the guide will take you on a journey of the religious and social history of the church and the village, putting the architectural changes into historical context over the last 850 years. Undredal Stave Church was built in the middle of the 12th century and is still in regular use.
The Magic White Caves of Gudvangen welcomes you inside the white mountain of Anorthosit with colours and darkness, silence and music, magic ponds, Grieg, Troll and Vikings. 45-60 Min.

The English church, which was built in 1897, is a copy of the old stave churches. It is under the authority of the Archbishop of Gibraltar. In summer, Anglican mass is held here by English vicars.

The church's medieval interior is beautiful and richly decorated. Architect Blix, who saved it from demolition. In the 1880s, the church was bought and restored by architect Blix, who saved it from demolition.

In the village of Luster there is a distinctive stone church built around 1200. The architecture is Gothic and the church contains frescoes dating from the 15th century. Open to visitors.

In 1909, Kari and Nils H. Lerum started juice-production at Sørheim, between Skjolden and Lom. They built a small factory, the so-called «Salthuset» (the juice house), and started production on an industrial scale. Lerum is today Norway’s leading jam and juice producing company. Guided tour for groups. NOK 40 pr person.

The mountain road between Aurland and Lærdal is open from the 1st of June to approx. 15th of October. From Aurland to the viewpoint Stegastein - 7.5 km -the road is open all year. The crossing Aurland - Lærdal. Lærdalsjfordet is 48 km and the highest point 1306 meters. The crossing Aurland - Lærdal's Aurlandsfjellet is 48 km and the highest point 1306 m a.s.l. At the top of the mountain there is a cafe with a view. The road is usually warm and dry.

A hands-on museum about ice, glaciers, landscape and climate. Do your own experiments with 1000-year old ice from the Jostedalsbreen glacier. Don't miss the breathtaking panorama film from the glacier. Travel through time and experience our planet from her birth, warm periods, ice ages, before you walk into the future.

One of the oldest and largest folk museums in Norway, with comprehensive exhibitions, an open air museum with buildings from medieval times to the 1950s and a traditional farm with animals. Guided tours and activities every day in the main season. Cafeteria with homemade local food and a souvenir shop. More information on www.dhs.museum.no

The Flåm Railway museum is a part of De Heibergske Samlinger - Sogn Folkemuseum. Here is a unique collection of boats from Sogn, maritime artefacts, a tavern from the early 19th century, a reconstructed boat builder’s workshop, and a film showing boat building. The museum also has a cafeteria and souvenir shop. See more information on www.dhs.museum.no

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The mountain road between Aurland and Lærdal is open from the 1st of June to approx. 15th of October. From Aurland to the viewpoint Stegastein - 7.5 km - the road is open all year. The crossing Aurland - Lærdal. Lærdalsjfordet is 48 km and the highest point 1306 meters. At the top of the mountain there is a cafe with a view. The road is usually warm and dry.

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Borgund Stave church and Visitor Centre
Fortidsminneforeningen
Place: Borgund
Tel: (+47) 57 68 84 40
www.stavechurch.com
Season: May - Sept

Built around 1180. Borgund stave church is the ultimate and most authentic stave church. Known for its breath taking carvings of dragons and snakes. Situated at the famous hiking trails of Lærdal Historic Route. Visitor Centre with stave church museum, “Unique Viking finds” exhibition, restaurant and souvenir collection.

Stave Church
Kaupanger Stave Church
Place: Kaupanger
Fortidsminneforeningen
Tel: (+47) 57 67 88 40
www.stavechurch.com
Season: June - Aug

The biggest stave church in Sogn (c. 1150), it has been in continuous use as a parish church for more than 850 years. Its medieval design has been preserved, and the body of the church is supported by 22 staves, the largest number of staves found in any stave church. Most of the interior dates from the 17th century. Visitor Centre with exhibition and small shop by the church.

Stave Church
Urnes Stave Church
Place: Urnes
Fortidsminneforeningen
Tel: (+47) 57 67 88 40
www.stavechurch.com
Season: May - Sept

The oldest stave church in the country (1130) and the only stave church to be included on UNESCO’s World Heritage List. The church contains ornaments dating from the 1060’s and is unusually ornately decorated. It’s beautifully located by the Lustrafjord. Visitor centre with exhibition and small shop by the church.

Stairs
The «Stairs» in Hoyanger
Place: Hoyanger
Tel: (+47) 99 23 15 00
www.sognefjord.no
Season: All year

The stairs follow the water pipelines which was built in connection with power station in Hoyanger. There are two stairs. 1. against Siplø approx 600 m long and has a vertical drop of 311 meters. 2. in Dale 2500 steps flat and more Family-friendly. Stunning views of Hoyanger and Hoyings fjord, possibility to take the mountain trail down.

Tourist route
Tindewegen
Place: Årdal/Turtagro
www.tindewegen.no
Season: Seasonal

Tindewegen is the beautiful mountain road that runs between the historic towns of Årdal and Turtagro (32 km). At Turtagro, you join the Sognefjelletstunnelen road, a National Tourist Route that runs west down to Skjolden (17 km) and on to Lom in the Gudbrandsdalen valley. There are spectacular views of magnigifcent scenery and snow-capped peaks of Jotunheimen from many places along the Tindewegen road.

Statue
Fridtjov den Frøkne
Place: Vangsnes
www.sognefjord.no
Season: Open all year.

In Skjolden you can find the new sculpture “Jonsok” by Kati Casida. The aluminium sculpture is symbolising a midsummer nights’ bon fire. Kati Casida is an American artist with roots in the Sognefjord and Luster area.

Stave Church
Hopperstad Stave Church
Place: Vik i Sogn
Fortidsminneforeningen
Tel: (+47) 57 67 88 40
www.stavechurch.com
Season: May - Sept

Hopperstad stave church is assumed to have been built around 1130 and still stands at its original location, offering a wonderful view over Vik town centre and the Sognefjord. The church is a triple-nave stave church. It has three portals, and the west portal is an example of Norwegian medieval wood carving at its finest. The 14th century altar canopy is the only one of its kind still existing in Norway.

View point
Stegastein
Place: Aurland
www.sognefjord.no

Aurlandsvegen - the mountain road between Aurland and Lærdal you’ll find a unique new breathtaking viewpoint Plattform (lookout) – Stegastein. Situated 6 km from the centre of Aurlandsvangen. 650 metres above sea level - overlooking the Aurlandsfjord. The road between Aurland centre and Stegastein is open all year. Parking & toilets.

Other attractions
Aussichtsplattform Stegastein
Place: Aurland
Tel: (+47) 97 15 60 00
www.sognefjord.no

Museum
The Norwegian Museum of Travel and Tourism
Place: Balestrand
Tel: (+47) 47 45 30 53
www.reiselivsmuseet.no

The Norwegian Museum of Travel and Tourism will be opening in May 2015. Modern exhibitions portray the development of tourism in Norway from the early beginnings in the 19 Century to contemporary mass tourism of today. The museum holds antiquarian buildings and a special collection of souvenirs from the period 1890 - 2014. The cafeteria “Vindreken” and the museum shop are open.

Other attractions
Amtskortet
Place: Leikanger
Tel: (+47) 57 69 14 19
www.enamel.no

In Skjolden you can find the new sculpture “Jonsok” by Kati Casida. The aluminium sculpture is symbolising a midsummer nights’ bon fire. Kati Casida is an American artist with roots in the Sognefjord and Luster area.
Before we return, we enjoy lunch at a traditional Norwegian tipi. We explore the blue ice world, its crevasses and high ice towers. Glacier National Park. In easy walking terrain we walk to the glacier. Glacier walk on the Tunsbergdal glacier, the longest glacier arm bring you into close contact with nature. Expert guides lead organized activities that are adapted to suit all age groups.

The Sognefjord landscape is full of contrasts, making it an ideal place to enjoy breathtaking nature experiences and invigorating activities. There are few places in the world that can offer such a large selection of activities in such a small area! Regardless of whether you are looking for relaxation or physical challenges, you are sure to find an activity that will bring you into close contact with nature. Expert guides lead organized activities that are adapted to suit all age groups.

**Activities**

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- **Glacier walks**
  The Jostedalen Ice Cap is the largest European mainland glacier. In the Sognefjord region, you can go on guided glacier hikes in the Jostedalen Valley, Fjærland, Jotunheimen and other areas. The guides know the glaciers well - and will guide you safely through the exciting, blue and icy world of the glacier.

- **Jostedal Breforarlag**
  Place: Jøgulsárgljúfur
  Tel: (+47) 57 68 31 11
  www.jbg.no
  Season: May - Sept

The experienced glacier guides at Niøgardsbreen offer a wide range of well-organized glacier hikes on the blue ice, both for children as young as 6 years old and for those who are looking for something more challenging. Daily tours from May to September. Buy tickets at Breheimenreier glacier museum, Jostedalen.

- **Mountain Climbing**
  Breogsfell
  Place: Indre sogn
  Tel: (+47) 57 63 14 00
  www.visitflam.com
  Season: May - Sept

In the summer Breogsfell offer mountain climbing, glacier guiding, and hiking tours as well as glacier- and climbing courses in Hønefossen and Jotunheimen. The starting point for most of our activities is the small town of Sogndal. This gives you the opportunity to get to Store Skagastølstind in the Jotunheimen range. Eide is a place for the whole family. Welcome!

- **Kayak & rafting**
  ICETROLL
  Place: Jostedal
  Tel: (+47) 97 01 43 70
  www.icetroll.com
  Season: May - Sept

ICETROLL offer glacier hiking, kayaking and rafting tours in Jostedal, Luster. The tours are only in small groups, max. 9 per guide and are designed for any ability. They range from shorter half-day trips to full-day and overnight tours. Trips also possible if you are using the glacier bus.

- **Ski touring and winter climbing**
  Breogsfell
  Place: Indre sogn
  Tel: (+47) 57 63 14 00
  www.breogsfell.no
  Season: Winter

Alpine Ski Touring and winter climbing with certified IFMGA Mountain Guides. Whether you like to cruise through the powder down from mountain to fjord, or have a frozen waterfall can enable a powerful feeling. Both elements is great fun, but it also includes a serious risk. We are happy to share our knowledge with you, so you can travel safely in the mountains.

- **KAYAK**
  NJORD
  Place: Flam
  Tel: (+47) 91 32 66 28
  www.njordk.com
  Season: May - Sept

Based in Flam, we run guided kayak tours along most of the Sognfjord. We have daily departures from Flam, along the stunning Aurlandsfjord, during the summer season. Tours last from 3 hrs to 5 days. All tours are designed for beginners, no experience required. All kayak equipment is provided. Bring snacks, drinks, camera, a smile and a good attitude. We often see porpoises, seals and eagles. Courses are also arranged for all levels & a variety of skills & techniques.

- **Snowshoe hiking**
  Flam Guide Service AS
  Place: Flam
  Tel: (+47) 99 09 88 60
  www.fjordsafari.com
  Season: Winter

Come and experience the Norwegian winter on snowshoes! From February 1st. 2015 we offer guided hikes in our local mountains to Stegastein viewpoint in Aurland. Join us on this hike from fjord to mountain, enjoy the amazing view and experience how it is to hike on these traditional snowshoes. Your guide will tell you about the unique local nature, and hot beverages will be served during the hike. The trip is suitable for beginners, general fitness but no experience needed.

- **Farm visit**
  Eide Gard
  Place: Skjolden
  Tel: (+47) 95 10 96 43
  www.eidebeskidskog.no
  Season: May – Sept

Eide farm has a unique history you can learn about. You can see different kinds of farm animals along nice pathways. Our cozy farm café offers good food, and you can enjoy the idyllic surroundings. Eide is a place for the whole family. Welcome!

- **Kayaking on the Luster fjord**
  Fjord Seal
  Place: Mønsfjord
  Tel: (+47) 95 77 41 96
  www.fjordseal.com
  Season: May - Sept

The trip is about 4 hours and is designed for the whole family. After instructions we paddle towards Solvorn. Along the way we may see seals and/or porpoises. We take a lunchbreak on a nice spot along the fjord. Bring your own food, drinks, and extra clothes/towels, and don’t forget your camera – you will have four exciting hours guaranteed! The tour is designed for people of any ability. Children 7-14 years are required to paddle in a tandem with an adult.

- **Kayak on the Sognefjord**
  Sognfjord Lodge & Guiding
  Place: Sogndal
  Tel: (+47) 57 62 99 88
  www.fjordsafari.com
  Season: Summer

You can rent single or more steady double kayaks, suitable for beginners. We offer 2- and 4 hours guided kayak tours. You can have an ‘all inclusive’, 4 hours kayak safari, including a good break at a beautiful spot in the middle of the fjord. We’ll serve a taste of fresh and local food and drinks, and you might even get aquinted to a few curious goats!
Explore the UNESCO World Heritage Area Naeroyfjord all year round. The roundtrip includes a one way fjord cruise from Flåm to Gudvangen or vice versa, and a shuttle bus return to the starting point. Combine it with a stop at the charming village of Undredal during summer season.

The most popular and dramatic ferry trip in Norway. The extraordinary Naeroyfjord is the narrowest fjord in Europe and is a UNESCO World Heritage Site. Set aside the two hours needed for the cruise, and enjoy the magnificent scenery at your leisure.

Fjord Cruise
World Heritage Cruise Naeroyfjord
Place: Flåm/Gudvangen
tel. (+47) 57 63 14 00
www.VisitFlam.com
Season: All year

Experience the UNESCO World Heritage Site with Fjord Safari! In our secure and comfortable iboats you’ll have the best opportunity to experience the beautiful Naeroyfjord, and its rich wildlife at close range. Join us, and get closer to the nature! The tours can also be combined with hiking tours and local food experiences.

Fjord Safari
Fjord Guide Service AS
Place: Flåm
tel. (+47) 99 09 08 60
www.fjordsafari.com
Season: 15 feb – 31 akt

The world-famous cruise from Flåm to Gudvangen and experience the fantastic Naeroyfjord on an unforgettable two-hour trip. The boat glides past isolated farms and between precipitous mountains that tower 1,800 m above the fjord.

Fjord – Rute: Flåm – Gudvangen
Place: Flåm / Gudvangen
Season: All year round

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Bike and boat rental
Lærdal Sport og Rekreasjon
Place: Lærdal Ferie- og Fritidspark
www.laerdalsport.no
Season: 15.4 – 15.10

Join us for an adventure in a rigid inflatable boat (RIB)! Feel the breeze in your hair and relax to music from the stereo, while you enjoy beautiful views of the fjord, mountains and waterfalls. The tours are comfortable, secure and suitable for all ages, and can be combined with mountain bikes and food of local produce.

Fjord Adventure
Adventure Tours AS
Place: Lustrafjord, Skjolden
tel. (+47) 95 76 63 85
www.adventuretours.no
Season: April – October

Join us for an adventure in a rigid inflatable boat (RIB)! Feel the breeze in your hair and relax to music from the stereo, while you enjoy beautiful views of the fjord, mountains and waterfalls. The tours are comfortable, secure and suitable for all ages, and can be combined with mountain bikes and food of local produce.

Bicycle, Stand Up Paddle, Fishing
Adventure Tours AS
Place: Skjolden
tel. (+47) 95 76 63 85
www.adventuretours.no
Season: Mai – September

Adventure Tours offers bicycle, Stand Up Paddle (SUP) and fishing activities in Skjolden. You can either rent the equipment and explore on your own, or join us on a guided tour. Visit our webpage for further information about the tours.

Expres boat
Bergen - Sogn/Flåm - Bergen
Place: Bergen - Sogn/Flåm - Bergen
tel. (+47) 53 86 87 00
www.norled.no
Season: All year

A trip by express boat is a welcome break from the hectic pace of daily life. Relax in comfortable chairs, breathe in the fresh sea air on deck or enjoy refreshments from our kiosk. Good discounts for families, groups, students and senior citizens. Have a great trip!

Juving
Leirdalen Bre og Juv
Place: Leirdalen
tel. (+47) 96 22 78 78
www.breogjuv.no
Season: June – Sept

Equipped with wet suit, life coat and helmet we are swimming in the river, and doing easy climbing up waterfalls and cliffs. Everybody can decide the size of their own challenge. We can guarantee it’s wet and funny!

Lærdal Sport og Helsepark presents Motorikpark™: exciting activities for small kids (1-10 years) and big kids (10-100 years)!
Playground, balancerlabyrinth, climbing, various walking paths, force pavilion, pedal gokarts and much more.

Motorikpark™ Lærdal
Sport and Health Park
Place: Lærdal Sport og Helsepark
(+47) 57 62 71 00
www.motorikpark-laerdal.no
Season: All year

A modern water park where the whole family can enjoy. Big indoor pool with water slides 56 m, special therapy pool, pool for small children, sauna and a small cafe. Outdoor pool with 28 °C (25 x 12,5 m) and lawn area. Celebrating kids birthday possible.

Bicycle trip
Rallarvegen – The Narrows’ Road
Place: Haugastol – Flåm
www.rallarvegen.no
Season: See web

A big open-air swimming pool with two chutes, and two smaller pools for children. There is a little chute for toddlers in the smallest pool. The water in the swimming pool is heated to around 28 degrees Celsius. There is a grassy area with some tables and seating around the pool. There are also toilets, changing rooms and showers.

Bicycle trip
Rallarvegen – The Narrows’ Road
Place: Haugastol – Flåm
www.rallarvegen.no
Season: See web

Open-air swimming pool
Gudvangen – Høyangerbadet
Place: Gudvangen
Tel: (+47) 57 71 23 00
www.hoyangerbadet.no
Season: All year

Indoor waterpark that gives you a unique experience! We offer 4 different pools, outdoor hot tub and sea bath, grillo, saunas, diving platforms, climbing wall, slides, fountains, water massage, bubbles and lots of great artwork on the wall! Enjoy a break with ice cream or food from the cafeteria. Swimming gear can be purchased from our little shop. Welcome!

Bicycle trip
Lustrabatad
Place: Gaupne
tel. (+47) 57 68 56 80
www.lustrabatad.no
Season: All year

Indoor playground for children between 1 to 14 years. Playground consists of a large climbing frame with slides, tunnels, mazes, ball cannons and glide path. In addition, it hosts 4 bourencastles, play cars, various ball games and climbing wall. Indoor swimming pool.

Indoor Playpark
Vesterland Resort
Place: Myrdal station
tel. (+47) 57 63 37 56
www.cafe rallaren.no
Season: June – Sept

At Myrdal station, the last stop of Flamsbana, Cafe Rallaren is situated. At Cafe Rallaren you can rent bike with helmet. The journey from Myrdal to Flåm is 26 kilometers and time on the bike is approximately 1,5 hour. Down the Flåm valley you will experience the wonderful Norwegian nature. Bike journey requires bike abilities.

Bicycle trip
Flåm Guide Service AS
Place: Flåm/Gudvangen
tel. (+47) 76 63 14 00
www.visitflam.com
Tel: (+47) 57 68 56 80
www.hoyangerbadet.no
Season: All year

A modern water park where the whole family can enjoy. Big indoor pool with water slides 56 m, special therapy pool, pool for small children, sauna and a small cafe. Outdoor pool with 28 °C (25 x 12,5 m) and lawn area. Celebrating kids birthday possible.

MOTORIK PARK™ LAERDAL
SPORT AND HEALTH PARK
PLACE: LAERDAL SPORT OG HELSEPAR
(+47) 57 62 71 00
WWW.MOTORIKPARK-LAERDAL.NO
SEASON: ALL YEAR

Motorikpark™ Lærdal
Sport and Health Park
Place: Lærdal Sport og Helsepark
(+47) 57 62 71 00
www.motorikpark-laerdal.no
Season: All year

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Place: Haugastol – Flåm
www.rallarvegen.no
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Sogn ski resort is suitable for all levels of ski enthusiasts. Safe family area with 2 lifts for kids and parents. The main lift is the longest in Norway (2 km). New “Sogn”-lift up to 1100 m a.s.l. with a fantastic view over the Sognefjord against the Jostedalen glacier and the Jotunheimen national park where you can enjoy 6 km downhill skiing in the longest slope in Scandinavia – the “Sognfjellet”-slope. Cafe with good food and atmosphere. 13 km cross country slopes just outside the front door.

Other activities

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<td>Glacier walks</td>
<td>Breogjell</td>
<td>Indre Sogn</td>
<td>41 14 60 70</td>
<td><a href="http://www.breogjell.no">www.breogjell.no</a></td>
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<td>Fjelland kayak &amp; glacier</td>
<td>Jostedal</td>
<td>97 07 45 68</td>
<td><a href="http://www.kayakglacier.no">www.kayakglacier.no</a></td>
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<td>Ice Troll</td>
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<td>Boat tours</td>
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<td>Filflam</td>
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<td>Månes Fjordsopplevning</td>
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<td>Boot rental</td>
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<td>Borgund Elveøyrargl</td>
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<td>Lørdal elveøylag</td>
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<td>99 18 16 65</td>
<td><a href="http://www.laerdalselv.no">www.laerdalselv.no</a></td>
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<td>57 59 69 55</td>
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<td>57 61 87 11</td>
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<td>Høyheimvike</td>
<td>57 66 23 94</td>
<td><a href="http://www.nesgard.no">www.nesgard.no</a></td>
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<td>97 03 45 20</td>
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<td>47 90 02 12</td>
<td><a href="http://www.stiftetfjordfjellguiding.com">www.stiftetfjordfjellguiding.com</a></td>
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Many of the companies also offers trips over 2-3 days (e.g. a combination of kayak- and mountain trips, kayak- and glacier walks etc.)
For an active holiday or weekend, the region Sogn is the destination worth visiting. In the Norwegian fjord landscape, with lodge in the main centre, activity possibilities are endless.

In winter, with easy access to the mountains, skiresort and quiet surroundings; Sogndal, Jostedalen and Fjærland has evolved to become a mecca for alpine ski touring. Jotunheimen National Park has perfect opportunities for multi-day expeditions and alpine ski touring from hut to hut (The Haute Route equivalent).

Contact: post@fjordski.no/tlf: +47 41 14 60 70

www.fjordski.no

Where the glacier meets the fjord

Fjærland is situated only 30 minutes from Sogndal. The area has easy access to the glacier and a fantastic hiking terrain surrounded by some of the best nature Norway has to offer.

- The Norwegian Glacier Museum
- Fjærland Kayak & Glacier
- Høyt & Lavt Fjærland
- Beyun Campimg
- Breivasshytta
- The Norwegian Glacier Museum
- Fjærland Fjordstove Hotel
- Beyun Eustory
- Fladbrehyttan
- Kaffistova

Fjærland Tourist Information: (+47) 57 89 32 33 ~ info@fjaerland.org ~ www.fjaerland.org
There is a great variety of lakes, streams and rivers in the Sognefjord region. Most of the lakes are in the mountains, and the region is therefore ideal for visitors who like to combine fishing and hiking. The mountain trout you can catch in these clear, freshwater lakes is considered a delicacy.

There are several rivers along the fjord where you can fish for salmon or sea trout. The area has a long tradition of fishing, and salmon rivers have enjoyed high status among anglers for more than a century. Fishing in the fjord is free throughout the year, and you may catch sea trout, cod, haddock, whiting and more.

There are some organized fishing trips you can join or you can rent a boat or fish from shore. Many accommodation sites along the fjord and lakes also have boats for their guests.

**Norwegian fishing licence fee**
Before purchasing a permit for a lake or river containing salmon and sea trout, you have to pay the Norwegian fishing licence fee at a post office or at internet (www.inatur.no/fiskeravgift). Salmon are protected in some places, but you can nevertheless fish for sea trout in these lakes and rivers.

**Season**
You can normally fish in the mountain lakes as soon as the ice on the lakes has melted in spring, and in most lakes and rivers containing salmon and sea trout the fishing season is from approx. 1 July to 15 September.

---

**How to get here?**

**By car:**
- From Oslo E 16 to Fagernes over Filefjell and to Lærdal, (350 km) or highway 52 over Hemsedalsfjellet to Gol and Lærdal (330 km), or via Lillehammer to Lom and over Sognefjellet highway 55 to Luster. (450 km)
- **From Bergen** E 16 via Voss and to Gudvangen / Nærøyfjorden (162km) Lærdal, (235 km), or via Voss over Vikafjell highway 13 to Vik, or E 39 to Lavik, Høyanger (240 km) and Balestrand (255 km)
- **From Trondheim** via Otta, Lom and over Sognefjellet to Luster (420 km), or via Otta to Stryn, Skei and Sogndal (550 km).
- **From Kristiansand** highway 9 via Haukelifjell to Odda and Voss (540 km)
- From Larvik via Drammen/Gol (356 km)

**Map and road description:** [www.vegvesen.no](http://www.vegvesen.no) and [www.maps.google.no](http://www.maps.google.no)

**By air**
Daily direct flights from Bergen (30 min.) and Oslo to Sogndal airport Haukåsen. (45 min.). Timetable: [www.wideroe.no](http://www.wideroe.no)

**Express boat**
Daily departures from the centre of Bergen to the centre of Sogndal. The boats also call at Vik, Balestrand, Lavik, Høyanger og Leikanger. Timetable: [www.norled.no](http://www.norled.no)

**Summerroute Bergen-Flåm**, daily departures.

**Express buses**
Several departures per day from Bergen, Oslo, Lillehammer, Ålesund and Trondheim. Buses from Oslo and Trondheim go via Otta/Sognefjellet in the summer. Timetables: [www.ruteinfo.net](http://www.ruteinfo.net), [www.nettbuss.no](http://www.nettbuss.no) and [www.nor-way.no](http://www.nor-way.no)

**Train**
Several daily connections between the Oslo-Bergen line and the steep and thrilling Flåm railway. Bus and boat connection to Sogndal, Leikanger, Balestrand etc. Timetables: [www.nsb.no](http://www.nsb.no) or [www.visitflam.com](http://www.visitflam.com)

**To Norway:**
Powerstation 1913 (8M), Sogn Art Centre (8N), Munthehuset (8K), Safthuset – “The Juice House” (8L), Refsdal (8H), Norwegian Tourism museum (8I), Post- and tele museum (8F), Høyanger Industrial Museum (8G), Sognefjord Aquarium (8E), Kristianhus Boat- and Motormuseum – glacier museum (8C), Breheimen – glacier museum (8D), Museum (8A), Norwegian Wild Salmon Centre (8B), Norsk Bremuseum (8D), De Heiberske Samlinger – Norwegian folk museums and centers.

Gaularfjellet (7C), Sognefjellet (7A), Aurlandsfjellet (7B), shore dweller site (6AA), waterworld (6Y), Open-air swimming pool (6Z), Vikøyri - historical (6W), Lustrabadet indoor waterworld (6X), Høyangerbadet indoor (6L), Lærdal (6T), Vesterland Indoor Playpark (6U), Juving (6V), ZIP-line (6N), Stegastein viewpoint (6O), Lærdalstunnelen – world’s longest tunnel (6P), Kayak (6Q), RIB (6R), Rafting (6S), Motorikpark™ (6A), Statue (6N), Jotunheimen/Hurrungane (5C), The old King’s Road (5D), Stølsheimen (5B), Aurlandsdalen (5A), The Utladalen Valley (5B), Dale Stone Church (4H), Gaupne old Church (4I), Undredal Stave Church (4E), Hove Stone Church (4F), St. Olafs Church (4B), Hopperstad Stave Church (4C), Kaupanger Stave Church (4D), UNESCO Urnes Stave Church (4A), Borgund Stave Church (4G), Anestølen Farm visit (6H), Galleri Walaker 300 (6I), & Pub (6E), Gamle Lærdalsøyri – old village centre (6F), Jostedal (6B), The Norwegian Book Town (6C), Cider Cellar (6D), Ægir Bryggeri (6J), Otternes (6K), The “Stairs” in Flåmsbana – The Flåm Railway (6A), The Aurland shoe (5E), Rallarvegen (5F), Saurdal (5G), Molden (5H).

1 Fjord: UNESCO Nærøyfjord (1A), Fjærlandsfjord (1B).

2 Ice Caps: Jostedalsbreen (2), Nigardsbreen (2A), Bøyabreen (2B).

3 Waterfalls: Jostedalsbreen Nasjonalpark / National Park (3C), Kjelfossen (3D), Kvinnafossen (3E), Drivandefossen (3F).

4 Churches: UNESCO Unes Stave Church (4A), Røros Stave Church (4B), Dale Stone Church (4H), Gaupne old Church (4I).

5 Hiking: Aurlandsdalen (5A), The Utladalen Valley (5B), Jotunheimen/Hurrungane (5C), The old King’s Road (5D), Stølsheimen (5B).

6 Attractions: Håmbak – The Flam Railway (6A), The Aurland shoe (6B), The Norwegian Rock Tour (6C), Cider Cellar (6D), Agir Bryggeri & Pub (6E), Gamle Lærdalsøyri – old village centre (6F), Jostedal Powerstation (6G), Anestreim Farm visit (6H), Galleri Walaker 300 (6I), The Magic White Caves (Gudvangen 6J), Otternes (6K), The “Stairs” in Høyanger (6L), Tindevegen – tourist route (6M), Fridtjov den Frøkne Statue (6N), Stegastein viewpoint (6O), Lærdalstunnelen – world’s longest tunnel (6P), Kayak (6Q), RIB (6R), Rafting (6S), Motorpark™ (6A), Statue (6N), Jotunheimen/Hurrungane (5C), The old King’s Road (5D), Stølsheimen (5B), Aurlandsdalen (5A), The Utladalen Valley (5B), Dale Stone Church (4H), Gaupne old Church (4I), Undredal Stave Church (4E), Hove Stone Church (4F), St. Olafs Church (4B), Hopperstad Stave Church (4C), Kaupanger Stave Church (4D), UNESCO Urnes Stave Church (4A), Borgund Stave Church (4G), Anestølen Farm visit (6H), Galleri Walaker 300 (6I), & Pub (6E), Gamle Lærdalsøyri – old village centre (6F), Jostedal (6B), The Norwegian Book Town (6C), Cider Cellar (6D), Ægir Bryggeri (6J), Otternes (6K), The “Stairs” in Flåmsbana – The Flåm Railway (6A), The Aurland shoe (5E), Rallarvegen (5F), Saurdal (5G), Molden (5H).
NORWAY’S UNIQUE CULTURAL HERITAGE

VISIT THE STAVE CHURCHES

Borgund
Stave Church
ca 1180
and Visitor Centre

Hopperstad
Stave Church
ca 1130

Urnes
Stave Church
ca 1130
and Visitor Centre

Kaupanger
Stave Church
ca 1150
Knaken Café

Hove
Stone Church
ca 1170

Gaupne
Old Church
ca 1647

Visit the Sognefjord and Nærøyfjord

Explore the Sognefjord and Nærøyfjord

Online booking at www.fjord1.no
or contact Fjord1 Bookingservice:
Tel. +47 57 75 7000

www.fjord1.no
**Accommodation**

We offer a wide range of accommodation in all price classes. You have a choice of apartments, cabins and holiday homes, campsites with chalets, youth hostels, guest-houses, tourist cabins, B&B, hotels, farm stays and other types of special accommodation. You also have the option of historical hotels, which are steeped in tradition and have their own special atmosphere.

The tourist information offices and websites **www.sognefjord.no** can help you to find accommodation. If you are planning to visit the area in the high season (July/August) it is best to book in advance to make sure you get the type of accommodation you want.

= hotel  = cabins/holiday homes  = camping  = room

### AURLAND

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<td>Aurland</td>
<td>Aurland Fjordhotell</td>
<td>57 63 35 05</td>
<td><a href="mailto:post@aurland-fjordhotel.com">post@aurland-fjordhotel.com</a></td>
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<td>Lunde Camping</td>
<td>99 70 47 01</td>
<td><a href="mailto:lunde.camping@alb.no">lunde.camping@alb.no</a></td>
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<td>Skaim Hytter</td>
<td>47 90 02 12</td>
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<td>94 82 94 31</td>
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<td><a href="mailto:info@stalheim.com">info@stalheim.com</a></td>
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<tr>
<td>Aurland</td>
<td>Aurland Fjordhotell</td>
<td>57 63 35 05</td>
<td><a href="mailto:post@aurland-fjordhotel.com">post@aurland-fjordhotel.com</a></td>
</tr>
<tr>
<td>Lunde Camping</td>
<td></td>
<td>99 70 47 01</td>
<td><a href="mailto:lunde.camping@alb.no">lunde.camping@alb.no</a></td>
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<tr>
<td>Skresanden Hytter</td>
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<td>Sommarhuset Bygningen</td>
<td>94 82 94 31</td>
<td><a href="http://www.sjerdal.com">www.sjerdal.com</a></td>
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<tr>
<td>Østerbo Fjellstove</td>
<td></td>
<td>57 63 11 77</td>
<td><a href="http://www.aurlandsalen.com">www.aurlandsalen.com</a></td>
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<tr>
<td>Østerbo Turishtyte</td>
<td></td>
<td>57 63 11 41</td>
<td><a href="mailto:ingeos@online.no">ingeos@online.no</a></td>
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### LEIKANGER

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<th>Name</th>
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<td>Leikanger Fjord Hotell</td>
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<td>Slunde</td>
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<tr>
<td>Sogndal</td>
<td>Best Western Lægreid Hotel</td>
<td>57 62 88 88</td>
<td><a href="http://www.l%C3%A6greid.no">www.lægreid.no</a></td>
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<tr>
<td></td>
<td>Hofslund Fjord Hotel</td>
<td>57 62 76 00</td>
<td><a href="http://www.hofslund-hotel.no">www.hofslund-hotel.no</a></td>
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<tr>
<td></td>
<td>Kjørnes Camping</td>
<td>97 54 41 56</td>
<td><a href="http://www.kj%C3%B8rnes.no">www.kjørnes.no</a></td>
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<tr>
<td></td>
<td>Lems Bungalows</td>
<td>91 14 62 72</td>
<td><a href="http://www.lemsbungalows.com">www.lemsbungalows.com</a></td>
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<tr>
<td></td>
<td>Litlabo Hytter</td>
<td>90 78 82 20</td>
<td>info@<a href="mailto:litlabo@sogn.no">litlabo@sogn.no</a></td>
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<td></td>
<td>Loftesnes Hytter</td>
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<td></td>
<td>Quality Hotel Sogndal</td>
<td>57 62 77 00</td>
<td><a href="http://www.qualityhotelsogndal.no">www.qualityhotelsogndal.no</a></td>
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<td>Sogndal</td>
<td>Sogndal Lodge &amp; Guiding</td>
<td>57 62 99 88</td>
<td><a href="http://www.sogndallodge.no">www.sogndallodge.no</a></td>
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<td></td>
<td>Svedal Hytter</td>
<td>98 00 67 80</td>
<td><a href="mailto:hmsvedal@hotmail.com">hmsvedal@hotmail.com</a></td>
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<tr>
<td></td>
<td>Ølnes Fjordhytter</td>
<td>98 01 03 79</td>
<td><a href="mailto:solnes@gmail.com">solnes@gmail.com</a></td>
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<tr>
<td>Årdal</td>
<td>Avdalen Farm Tourist Lodge</td>
<td>90 27 49 96</td>
<td><a href="http://www.avdalen.no">www.avdalen.no</a></td>
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<td></td>
<td>Klingenberg Hotel</td>
<td>57 66 58 00</td>
<td><a href="http://www.klingenberghotel.no">www.klingenberghotel.no</a></td>
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<tr>
<td></td>
<td>Sifa Hotel</td>
<td>57 66 58 80</td>
<td><a href="http://www.sifahotel.no">www.sifahotel.no</a></td>
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<tr>
<td></td>
<td>Tangen Pensjonat</td>
<td>57 66 10 55</td>
<td><a href="mailto:a-skoglu@online.no">a-skoglu@online.no</a></td>
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<td>Utladalen Camping</td>
<td>57 66 34 44</td>
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<td></td>
<td>Vetti Farm Tourist Lodge</td>
<td>57 66 30 24</td>
<td><a href="http://www.utladalen.no">www.utladalen.no</a></td>
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</tbody>
</table>

= hotel  = cabins/holiday homes  = camping  = room

We ask everyone travelling with camper vans, RV’s and caravans to use our campsites for overnight accommodation.

Country code for Norway: +47.

---

**Flåm Marina & Apartments**

- ei perle innerst i Sognefjorden

Flåm Marina & Apartments is situated in magnificent surroundings about 400m from the center of Flåm.

- Accommodation in apartments
- Coffee bar
- Hot & cold dishes
- Boat Rental

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Tel: (+47) 57 63 35 55 - booking@flammarina.no - [facebook.com/flammarina](http://facebook.com/flammarina) - [www.discoverflam.com/flam-marina-apartment](http://www.discoverflam.com/flam-marina-apartment)
Experience the unique UNESCO World Heritage with waterfalls, wildlife, culture and history.

RIB boat safaris and guided hiking/bicycle-rides combined with local slowfood experiences.

www.fjordsafari.com
At the end of the Aurlandsfjord, Flåm is surrounded by thrilling fjord landscape and astonishing nature.

Plan your all year adventures at visitflam.com

Endless charming, no matter season… see it, live it!

Fretheim Hotel
With our history as a source for inspiration, Fretheim Hotel can offer close encounters with the best of the sognefjord culture, local tastes and spectacular views towards the fjord and mountains, as well as interior taking you back in time.

Welcome to Fretheim Hotel.
FLÅM car-rental

Phone +47 930 85 645 | e-mail: post@flambillele.no
We can offer you good prices, good service and cars to satisfy your needs.
Please call or e-mail us for our good offers!

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- perfect for cruise passengers, families and individual travellers!

RALLARTOGET AS | pb 62 | 5742 Flåm | Norway
Tel. +47 96 37 23 38 | postmaster@rallartoget.no | facebook.com/rallartoget | www.rallartoget.no

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T: 57 63 20 50  |  mail@flamsbrygga.no  |  flamsbrygga.no

41 rooms with balcony and fjord view

Restaurant with lunch buffet and Å la Carte.

Snack, lunch or dinner.

Large terrace by the fjord.

Brewpub in viking style, local food and beer.

FLÅMSBRYGGA HOTELL

FLÅMSTOVA
Restaurant with lunch buffet and Å la Carte.

FURUKROA
Snack, lunch or dinner. Large terrace by the fjord.

ÆGIR BRYGGERI
Brewpub in viking style, local food and beer.

ENJOY THE FJORDLIFE in UNDREDAL

ROOMS and APARTMENTS

Homemade norwegian food in
CAFETERIA on the fjord side Hiking

CAMPING

boat rent Fjord beach

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between Flåm - Gudvangen
+47 57633100 www.visitundredal.no

Large terrace by the fjord.
**Cafe Rallaren** can offer hot and cold dishes. Our speciality is homemade carrot cake and «svale» with jam and sour cream. Refreshments, beer and wine. To order: lunch and dinner boxes

Cafe Rallaren AS is situated at Myrdal, the end station of the famous Flåmsbana 867 meters above sea level.

Cafe Rallaren can offer hot and cold dishes. Our speciality is homemade carrot cake and «svale» with jam and sour cream. Refreshments, beer and wine. To order: lunch and dinner boxes

Cafe Rallaren has a souvenir shop, and we also offer luggage storage.

If you want to experience the magnificent nature of Norway, we can offer you bike rental at Cafe Rallaren. The bike rental is with helmet.

**STALHEIM HOTEL**

Stalheim Hotel is a family run hotel in a unique location on top of the famous Stalheimsleiva. The view from the hotel towards the Jordalsnuten peak and the Nærøydalen valley, on Unesco’s World Heritage List, has since the start of tourism made Stalheim into one of the major attractions of tour of Western Norway.

Fine collection of antiques exhibited in the hotel lounges. The hotel is an ideal base for both long and short trips to the fjords and mountains of Western Norway.

The extensive and fascinating Stalheim Folk Museum is located next to the hotel.

N-5715 Stalheim
tel: 56 52 01 22
www.stalheim.com

**Otternes**

Experience food the traditional way in historic surroundings. The Otternes meals are prepared from the best local organic produce.

**The Magic White Caves of Gudvangen**

GudvangenOpen for guests every day at 12.00 between June 1st and August 31st

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- the place to be for happy hikers

Ideal starting-point for hiking in the Aurlandsdalen valley

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www.aurlandsdalen.com

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N-5745 Aurland • Tel + 47 57631177
post@aurlandsdalen.com
www.aurlandsdalen.com

**Otternes**

Anno 1700

Opening hours: 01.06 – 15.09. 2015. 10am-5pm
www.otternes.no  •  Call +47 57 63 11 32
www.otternes.no  •  Email: info@otternes.no
Phone: 57 63 37 36 | Mob: 976 89 052

A taste of world heritage
High standard cabins in the mountain area by E16. Open spring, summer, fall and winter.
Hiking – cycling – cross country skiing – trout fishing – old roads, King’s road over Fliefjell – camping
Nearby (by car): the fjords, the Sognefjord, Jotunheimen mountains, Borgund stavechurch, alpine skiing

More info?
+47 57 63 21 21
www.flaam-camping.no

Flåm
Norway

Open from March to November

Maristuen Fjellferie
830 m.a.s.l. by the E16

Hotel Grandane
Welcome to Hotel Grandane! We offer a good and comfortable accommodation at a reasonable price. A pleasant residence with good service in the center of Lærdal at the end of Sognefjord.

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N-6887 Lærdal
Phone: 57 66 69 00
www.hotelgrandane.no | mail: post@lindstroemhotel.no

New Motorikpark™ for Adults and Kids!
Lærdal Ferie- og Fritidspark – perfect campsite and holiday centre with a variety of recreational offerings.

Uniquely located directly at the Sognefjord Options for your overnight stay: camping, cabins, holiday apartments, rooms
Service: restaurant, conference rooms, kiosk, bike rental, boat rental, tennis court
New: first Motorikpark™ in Norway (opening spring 2014)
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Lærdal Ferie- og Fritidspark
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Tel. (+47) 57 66 66 95
info@laerdalferiepark.com
www.laerdalferiepark.com
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- Fully furnished and charming holiday homes
- Farm Museum
- Fishing
- Quiet and lovely surroundings
- Suitable locations for daytrips

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www.eggumgard.no | post@eggumgard.no

BORGUND HYTTESENTER
DU CAMPING

Cabins with or without shower/toilet, for up to 7 persons. Food and beverages: traditional Norwegian food, fast food, soft drinks, beer and wine.
Camping site for mobile home, caravan and tent
Bicycle rental, trout fishing, hiking trails, children’s playground, sanitary facilities. Central location for day-trips by car.
Only 1.5 km away from Borgund Stave Church and the old road Vindhellavegen.

6888 Borgund | Lærdal
Phone: +47 57 66 81 71 | mob: +47 906 20 859
www.hyttesenter.com | Mail: ovoldam@alb.no

Welcome to
Utla Adventure Camp

Experience the great nature in the valley of waterfalls

We are the closest camping to Tindevegen, Hurrungane and Jotunheimen from the west. We know our nature and are ready to share it, so you can experience great adventures in the nature around us.

Accommodation:
Svalheim Gard, rooms, cabins, caravans, tent site
Activities: Relaxing, hiking, MTB biking, road cycling, kayaking, climbing, fishing, and much more.

Utladalsvegen 28, 6884 Øvre Årdal | Tel +47-57663444
post@utladalencentercamping.no | www.utladalencentercamping.no | utladalencentercamping

Where the Sognefjord goes ashore
– and at the gateway to the Jotunheimen mountains

50 beds • restaurant
pub • sauna • exercise room

Tel: (+47) 57 66 58 00
E-mail: post@klingenberghotel.no
www.klingenberghotel.no

Welcome to Kjornes Camping

A central location at the heart of fjord Norway
Ideally situated on the shores of the Sognefjord, 3 km from the centre of Sogndal.

We have 14 cabins, 2 apartments, and a large area with room for 100 camping units with electrical power points for all.
New 3* Sanitary-block, Kitchen and Laundry-facilities.

The site is ideally situated in quiet, picturesque country-side with a beach extending more than 1 kilometre.

camping@kjornes.no • Tlf: +47 975 44 156 • www.kjornes.no
Welcome to Sogndal and the great shopping senter!

4 places to eat out:
- Café Prego
- Go’biten
- Dolly Dimple’s
- Café Sogningen

Pharmasy: 09-19 (09-16)
State liquor store: 10-17
   Friday: 10-18
   Saturday: 10-15
Grocery stores:
   Meny and Rema 1000
   08-23 (08-21)

QUALITY HOTEL SOGNDAL
Welcome to holiday time with us

- 115 rooms
- Three restaurants, also with outdoor service
- Exciting Italian tastes or traditional local cuisine
- Expressboat and bus within short distance

qualityhotelsogndal.no
Walaker Hotell is situated on the waterfront, in the small village of Solvorn, offering a splendid view towards the Urnes Stave Church across the fjord. The hotel has a large, beautiful rose garden and 23 guest rooms with historical atmosphere. Good Norwegian cuisine.

Galleri Walaker 300
Art exhibits in our highly acclaimed gallery.
TØRVIS HOTELL

After a day in Luster - seeing the glacier, the fjord or the mountain - come relax in our garden or by the fireplace. Spend the evening enjoying exciting tastes in our dining-room.
Welcome to Marijøra!

6873 Marijøra  +47 576 83 500  www.torvis.no  post@torvis.no  www.facebook.com/torvishotell
Welcome to Skjolden

Fjordstova at Skjolden is located idyllically down by the fjord, innermost in Sognefjorden.

The tourist information office is also located here – tel. +47-99 23 15 00

Swimming pool

Summer opening hours 26.06-10.08:
- Daily except Mondays: 15.00 - 18.00
Winter opening hours:
- Tuesdays and Fridays: 18.00 - 21.00
- Sundays: 16.00 - 19.00

Fjordstova also offers: sale of local handicrafts, climbing wall, library, café, swimming pool and fitness studio. Bicycles and kayaks for rent.

Please contact:
Arne Hauge / Anders Bolstad
Tel. (+47) 97 65 51 47 / (+47) 92 61 21 13

Fjordstova at Skjolden is located idyllically down by the fjord, innermost in Sognefjorden.

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Swimming pool

Summer opening hours 26.06-10.08:
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- Sundays: 16.00 - 19.00

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Please contact:
Arne Hauge / Anders Bolstad
Tel. (+47) 97 65 51 47 / (+47) 92 61 21 13

Eikum Hotel offers a quiet, relaxing atmosphere and good food. 100 beds – all rooms have shower, toilet, TV and telephone. Alcohol served. Trout fishing.

Welcome!

Eikum Hotel
N-6869 Hafslo
Tel. +47-57 68 06 00
Fax +47-57 68 06 01
E-mail: post@eikum.no
www.eikum.no

The Tang chalets are beautifully situated by the Hafslo lake. The 4 chalets were built in 1992 and 1995. High standard, large living-room, kitchen, 3 and 2 bedrooms, bathroom and large veranda.

300 meters to shops, 50 meters to the lake.

TANG HYTTEGRENDEL N-6869 HAFSLO • TEL. +47-95 23 08 31 www.tang-hyttegrend.no

Lyngmo Gjestehus & Camping

7 cabins, space for tents, caravans and campers
Activities
- Boat- and canoe rental
- Beach at the campsite
- Pool, table tennis and airhockey
- Beachvolley

Lyngmo Gjestehus & Camping 6869 Hafslo
lyngmo@lyngmoinfo.com
Tlf (+47)57684366
www.lyngmoinfo.com
Four nice cottages in rorbus style, right by the fjord at Marifjøra. Fine view over the fjord to Gaupne and out towards the mountains and the Feigumfossen waterfall. Sit on the terrace and enjoy the view, go fishing in the fjord (rowboat with outboard can be hired and fishing equipment borrowed) or take a car tour through the beautiful scenery.

Each cottage has sitting room with kitchen area, one twin bedroom, and tiled bathroom with shower, WC and under-floor heating on the ground floor. One bedroom with double bed upstairs. Parabol TV, wireless internet, radio, fridge with freezer, coffee-machine, in- and outdoor washing machine, drying machine and ironing board. Each cottage has garden furniture and barbecue. Shopping center: 3 km. Parking by the cottages.

Welcome!
A centuries old cultural treasure, rooted back to the age of the Vikings, is produced by TINE Meieriet Vik on the banks of Norway's largest fjord.

The dairy in Vik has its own cheese bar, offering a diverse selection of cheese and drink.*

*The cheese bar is fully licensed.

Midtnes Hotel

Centrally located in the heart of the Sognefjord district, surrounded by fantastic scenery!

Midtnes Hotel • N- 6898 Balestrand
Tlf: +47 57 69 42 40 • Fax: +47 57 69 42 41
E-post: booking@midtnes.no

Midtnes Hotel

The place for you to stay in Balestrand!

Visit our website: www.midtnes.no

Gamalost - Cheese of the Viking Age

A centuries old cultural treasure, rooted back to the age of the Vikings, is produced by TINE Meieriet Vik on the banks of Norway's largest fjord.

The dairy in Vik has its own cheese bar, offering a diverse selection of cheese and drink.*

*The cheese bar is fully licensed.

Sognefjord Gjestehotell

Gamalost - Cheese of the Viking Age

Sognefjord Gjestehotell (Gjestehus)

Accommodation • Restaurant • Groceries
Boats and fishing rod for rent
6894 Vangsnes • e-post: vangpens@online.no
Tlf.: +47 57 69 67 22 • Fax: +47 57 69 62 75
www.sognefjord-gjestehus.no
Hotels not in this list may serve buffets in the evening. Some of the restaurants are only open in the summer season, please contact the tourist information offices or see [www.sognefjord.no](http://www.sognefjord.no) for more information.

### Where to eat & drink

**Restaurants**

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<th>Name</th>
<th>Address</th>
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<th>Website</th>
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<tr>
<td>Øren Hotel</td>
<td>Elvegata 14, 6993 Høyanger</td>
<td>57 63 35 05</td>
<td><a href="http://www.orenhotel.com">www.orenhotel.com</a></td>
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<tr>
<td>Vangskaarden Gjestgiveri</td>
<td>Aurland</td>
<td>57 63 35 80</td>
<td><a href="http://www.vangskaarden.no">www.vangskaarden.no</a></td>
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<tr>
<td>Kviknes Hotel og Balholm Bistro</td>
<td>Balestrand</td>
<td>57 69 42 00</td>
<td><a href="http://www.kviknes.no">www.kviknes.no</a></td>
</tr>
<tr>
<td>Ciderhuset</td>
<td>Balestrand</td>
<td>90 83 56 73</td>
<td><a href="http://www.ciderhuset.no">www.ciderhuset.no</a></td>
</tr>
<tr>
<td>Pilgrim restaurant</td>
<td>Balestrand</td>
<td>91 56 28 42</td>
<td><a href="http://www.detgylnehus.no">www.detgylnehus.no</a></td>
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<tr>
<td>Borgund Stavkyrkje og Besøkscenter</td>
<td>Borgund</td>
<td>57 66 81 09</td>
<td><a href="http://www.fortidsminneforeningen.no">www.fortidsminneforeningen.no</a></td>
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<td>Fjærland Fjordstue Hotel</td>
<td>Fjærland</td>
<td>57 67 57 57</td>
<td><a href="http://www.fj%C3%A6rlandhotell.no">www.fjærlandhotell.no</a></td>
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<tr>
<td>Bravvasshytta</td>
<td>Fjærland</td>
<td>57 69 32 96</td>
<td><a href="http://www.facebook.com/brevasshytta">www.facebook.com/brevasshytta</a></td>
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<tr>
<td>Fretheim Hotel</td>
<td>Flåm</td>
<td>57 63 63 00</td>
<td><a href="http://www.fretheimhotel.no">www.fretheimhotel.no</a></td>
</tr>
<tr>
<td>Agir Bryggeri &amp; Pub</td>
<td>Flåm</td>
<td>57 63 20 50</td>
<td><a href="http://www.flamsbrygga.no">www.flamsbrygga.no</a></td>
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<tr>
<td>Heimly Pensjonat</td>
<td>Flåm</td>
<td>57 63 23 00</td>
<td><a href="http://www.visitflam.com">www.visitflam.com</a></td>
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<tr>
<td>Flamsbrygga Hotel</td>
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<td><a href="http://www.flamsbrygga.no">www.flamsbrygga.no</a></td>
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<tr>
<td>Flåmstova Restaurant</td>
<td>Flåm</td>
<td>57 63 20 50</td>
<td><a href="http://www.flamsbrygga.no">www.flamsbrygga.no</a></td>
</tr>
<tr>
<td>Turtagrø Hotel</td>
<td>Fortun</td>
<td>57 68 08 00</td>
<td><a href="http://www.turtagro.no">www.turtagro.no</a></td>
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<td>GaupeUtøvet</td>
<td>Gaupne</td>
<td>99 20 61 10</td>
<td><a href="http://www.gaupeutovet.no">www.gaupeutovet.no</a></td>
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<tr>
<td>Gudvangen Fjordstue</td>
<td>Gudvangen</td>
<td>48 07 55 55</td>
<td><a href="http://www.gudvangen.com">www.gudvangen.com</a></td>
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<td>Eikum Hotel</td>
<td>Hafslo</td>
<td>57 68 06 00</td>
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<tr>
<td>Øren Hotel</td>
<td>Høyanger</td>
<td>57 70 76 00</td>
<td><a href="http://www.orenhotel.no">www.orenhotel.no</a></td>
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<tr>
<td>Jostedal Hotel</td>
<td>Jostedal</td>
<td>57 68 31 19</td>
<td><a href="http://www.jostedalthotel.no/compagniet">www.jostedalthotel.no/compagniet</a></td>
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<td>Lavik Fjordstue Hotel</td>
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<td>57 71 40 40</td>
<td><a href="http://www.lavikfjordhotell.no">www.lavikfjordhotell.no</a></td>
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<tr>
<td>Lærå Hotel</td>
<td>Lærå</td>
<td>57 66 77 00</td>
<td><a href="http://www.laerahotel.no">www.laerahotel.no</a></td>
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<td>Lindstrøm Hotel</td>
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<td>Lærdal Ferie- og Fritidspark</td>
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<td>57 66 66 95</td>
<td><a href="http://www.laerdalfereiapark.com">www.laerdalfereiapark.com</a></td>
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<td>Torsvåg Hotell</td>
<td>Manfjøra</td>
<td>57 68 35 00</td>
<td><a href="http://www.torsvag.no">www.torsvag.no</a></td>
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<td>Café Rallaren</td>
<td>Myrdal</td>
<td>57 63 37 56</td>
<td><a href="http://www.caferallaren.no">www.caferallaren.no</a></td>
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<td>Bryggehuset</td>
<td>Skjolden</td>
<td>57 20 30 30</td>
<td><a href="http://www.skjolden-brygge.no">www.skjolden-brygge.no</a></td>
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<td>Compagniet Restaurant</td>
<td>Sogndal</td>
<td>57 62 77 00</td>
<td><a href="http://www.qualityhotelsogndal.no">www.qualityhotelsogndal.no</a></td>
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<td>Dr. Hagen Café og Bar</td>
<td>Sogndal</td>
<td>57 62 77 00</td>
<td><a href="http://www.qualityhotelsogndal.no">www.qualityhotelsogndal.no</a></td>
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<td>La Pergola</td>
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<td><a href="http://www.qualityhotelsogndal.no">www.qualityhotelsogndal.no</a></td>
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<td>Kafé Timber Vesterland</td>
<td>Kaupanger</td>
<td>57 62 71 00</td>
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<td>Walaker Hotel Gjestgivergården</td>
<td>Solvorn</td>
<td>57 68 20 80</td>
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<td>Stallheim Hotel</td>
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<td>56 52 01 22</td>
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<td>Undredal Fjordstue</td>
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<td>57 63 31 00</td>
<td><a href="http://www.visitundredal.no">www.visitundredal.no</a></td>
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<td>Sognefjord Gjestehotell</td>
<td>Vangsnes</td>
<td>57 69 67 22</td>
<td><a href="http://www.sognefjordgjestehotell.no">www.sognefjordgjestehotell.no</a></td>
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<td>Østerbø Fjellstue</td>
<td>Østerbø</td>
<td>57 63 11 77</td>
<td><a href="http://www.aulandsdalen.com">www.aulandsdalen.com</a></td>
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<td>Østerbø Turisthytte</td>
<td>Østerbø</td>
<td>57 63 11 41</td>
<td><a href="mailto:inge@online.no">inge@online.no</a></td>
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<tr>
<td>Stordi Restaurant &amp; Pub</td>
<td>Aurland</td>
<td>57 66 58 00</td>
<td><a href="http://www.klingenberghotel.no">www.klingenberghotel.no</a></td>
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<td>Klingenberg Hotel</td>
<td>Aurland</td>
<td>57 66 58 00</td>
<td><a href="http://www.klingenberghotel.no">www.klingenberghotel.no</a></td>
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Café / Snack bars

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<tr>
<td>Skjerdal Stølsysteri og Kafé</td>
<td>Aurland</td>
<td>94 82 94 31</td>
<td><a href="http://www.sakte.no">www.sakte.no</a></td>
</tr>
<tr>
<td>Cafe Fløysfiken, Sognefjord Akvarium</td>
<td>Balestrand</td>
<td>57 69 13 03</td>
<td><a href="http://www.kringsja.no">www.kringsja.no</a></td>
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<tr>
<td>Borgund Hyttesenter &amp; Camping</td>
<td>Borgund</td>
<td>90 62 08 59</td>
<td><a href="http://www.hyttesenter.com">www.hyttesenter.com</a></td>
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<tr>
<td>Postaenneriet Pub &amp; Kafé</td>
<td>Borgund</td>
<td>57 66 64 78</td>
<td><a href="http://www.buborgund.no">www.buborgund.no</a></td>
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<tr>
<td>Borgund Hyttesenter og Camping</td>
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<td>90 62 08 59</td>
<td><a href="http://www.hyttesenter.com">www.hyttesenter.com</a></td>
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<tr>
<td>Kaffistova</td>
<td>Fjørland</td>
<td>57 69 22 10</td>
<td><a href="http://www.bokbyen.no">www.bokbyen.no</a></td>
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<tr>
<td>Bøyum Camping</td>
<td>Fjørland</td>
<td>57 69 32 52</td>
<td><a href="http://www.b%C3%B8yumcamping.no">www.bøyumcamping.no</a></td>
</tr>
<tr>
<td>Bakka Kafe</td>
<td>Flåm</td>
<td>99 10 81 63</td>
<td><a href="http://www.visitflam.com">www.visitflam.com</a></td>
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<tr>
<td>Fløm Marina &amp; Apartments</td>
<td>Flåm</td>
<td>57 63 35 55</td>
<td><a href="http://www.facebook.com/flammarna">www.facebook.com/flammarna</a></td>
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<tr>
<td>Furukroa Café</td>
<td>Flåm</td>
<td>57 63 20 50</td>
<td><a href="http://www.flamsbrygga.no">www.flamsbrygga.no</a></td>
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<tr>
<td>Green Norway</td>
<td>Flåm</td>
<td>45 56 22 02/03</td>
<td><a href="http://www.green-norway.com">www.green-norway.com</a></td>
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<tr>
<td>Lady cafe, Fretheim Hotel</td>
<td>Flåm</td>
<td>57 63 63 00</td>
<td><a href="http://www.fretheimhotel.no">www.fretheimhotel.no</a></td>
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<tr>
<td>Løvbybær, Fretheim Hotel</td>
<td>Flåm</td>
<td>57 63 63 00</td>
<td><a href="http://www.fretheimhotel.no">www.fretheimhotel.no</a></td>
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<tr>
<td>Toget Café</td>
<td>Flåm</td>
<td>57 63 63 00</td>
<td><a href="http://www.visitflam.com">www.visitflam.com</a></td>
</tr>
<tr>
<td>Nordstedalseter Turisthytte</td>
<td>Fortun</td>
<td>95 07 63 82</td>
<td><a href="http://www.nordstedalseter.no">www.nordstedalseter.no</a></td>
</tr>
<tr>
<td>Pluscamp Sandvik</td>
<td>Gaupne</td>
<td>57 68 11 53</td>
<td><a href="http://www.sandvikcamping.com">www.sandvikcamping.com</a></td>
</tr>
<tr>
<td>Knaken Kafé</td>
<td>Kaupanger</td>
<td>48 00 48 17</td>
<td><a href="http://www.knaken.no">www.knaken.no</a></td>
</tr>
<tr>
<td>Sogn Folkemuseum</td>
<td>Kaupanger</td>
<td>57 67 82 06</td>
<td><a href="http://www.dhs.museum.no">www.dhs.museum.no</a></td>
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<tr>
<td>Fjordkroa</td>
<td>Leikanger</td>
<td>57 65 34 11</td>
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</tr>
<tr>
<td>Breheimensenteret</td>
<td>Jostedal</td>
<td>57 68 32 50</td>
<td><a href="http://www.jostedal.com">www.jostedal.com</a></td>
</tr>
<tr>
<td>Lustrubai (Baken)</td>
<td>Luster</td>
<td>57 68 14 00</td>
<td><a href="http://www.lustrubai.no">www.lustrubai.no</a></td>
</tr>
<tr>
<td>Laksen Cafe</td>
<td>Lærdal</td>
<td>99 20 23 02</td>
<td><a href="http://www.norsk-villakssenter.no">www.norsk-villakssenter.no</a></td>
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<tr>
<td>Lærdal Ferie- og Fritispark</td>
<td>Lærdal</td>
<td>57 66 66 95</td>
<td><a href="http://www.l%C3%A6rdalferiepark.com">www.lærdalferiepark.com</a></td>
</tr>
<tr>
<td>Kafé Marifjøra</td>
<td>Marifjøra</td>
<td>57 68 35 00</td>
<td><a href="http://www.torvis.no">www.torvis.no</a></td>
</tr>
<tr>
<td>Urnes Gard og hortefarm</td>
<td>Ornes</td>
<td>91 53 27 84</td>
<td><a href="http://www.urnes.no">www.urnes.no</a></td>
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<tr>
<td>Fjordstoa</td>
<td>Skjolden</td>
<td>57 68 67 44</td>
<td><a href="http://www.skjolden.com/fjordstoa">www.skjolden.com/fjordstoa</a></td>
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<tr>
<td>Vassbakken Kro og Camping</td>
<td>Skjolden</td>
<td>57 68 61 88</td>
<td><a href="http://www.vassbakken.com">www.vassbakken.com</a></td>
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<tr>
<td>Eide Gard</td>
<td>Skjolden</td>
<td>95 90 96 43</td>
<td><a href="http://www.eidebesoksgard.no">www.eidebesoksgard.no</a></td>
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<tr>
<td>Café Sogningen</td>
<td>Sognal</td>
<td>57 62 99 90</td>
<td><a href="http://www.qualityhotelosognal.no">www.qualityhotelosognal.no</a></td>
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<tr>
<td>Café Pregio</td>
<td>Sognal</td>
<td>57 62 77 31</td>
<td><a href="http://www.qualityhotelosognal.no">www.qualityhotelosognal.no</a></td>
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<tr>
<td>Dolly Dimple Pizza, Sogningen</td>
<td>Sognal</td>
<td>04440</td>
<td><a href="http://www.sogningen.no">www.sogningen.no</a></td>
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<td>Konditoriet</td>
<td>Sognal</td>
<td>57 67 69 50</td>
<td><a href="http://www.sogningen.no">www.sogningen.no</a></td>
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<td>Pizzabakeren</td>
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<td>57 68 60 00</td>
<td><a href="http://www.pizzabakeren.no">www.pizzabakeren.no</a></td>
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<tr>
<td>Nesoyane gjestegard vaffelfé</td>
<td>Veitastrønd</td>
<td>57 68 78 19</td>
<td><a href="http://www.nesoyane.com">www.nesoyane.com</a></td>
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<tr>
<td>Café &quot;Hos Naboien&quot;</td>
<td>Vik i Sogn</td>
<td>46 89 91 66</td>
<td><a href="http://www.hosnaboien.biz">www.hosnaboien.biz</a></td>
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<tr>
<td>TINE Meieriet Vik Ostebar</td>
<td>Vik i Sogn</td>
<td>57 67 79 00</td>
<td><a href="http://www.viktveg.no">www.viktveg.no</a></td>
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<tr>
<td>Vik Bil (Best)</td>
<td>Vik i Sogn</td>
<td>57 69 84 00</td>
<td><a href="http://www.vikbil.no">www.vikbil.no</a></td>
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Country code for Norway : +47.

Fitness centre / spa

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<tr>
<th>Name</th>
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<td>BesteBakken</td>
<td>Hafsløen</td>
<td>90 16 84 49</td>
<td><a href="http://www.bestebakken.no">www.bestebakken.no</a></td>
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<tr>
<td>Yt Xtra</td>
<td>Hafsløen</td>
<td>57 68 46 00</td>
<td><a href="http://www.ytxhafsl%C3%B8en.no">www.ytxhafsløen.no</a></td>
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<td>Fjordstova</td>
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<td>Vesterland Feriepark</td>
<td>Kaupanger</td>
<td>57 62 71 00</td>
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<tr>
<td>Fortun Treningssenter</td>
<td>Fortun</td>
<td>91 53 27 90</td>
<td><a href="http://www.fortunsdalen.no">www.fortunsdalen.no</a></td>
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<tr>
<td>Motorpark™ Lærdal</td>
<td>Lærdal</td>
<td>96 22 51 11</td>
<td><a href="http://www.motorpark-l%C3%A6rdal.no">www.motorpark-lærdal.no</a></td>
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Swimming pool / sauna / Indoor play park

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<td>Vesterland Feriepark</td>
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<td>Lustrabadet</td>
<td>Gaupne</td>
<td>57 68 56 80</td>
<td><a href="http://www.lustrabadet.no">www.lustrabadet.no</a></td>
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<td>Solvang Camping Hytte &amp; Motell</td>
<td>Vangsnes</td>
<td>57 69 66 20</td>
<td><a href="http://www.solvancamping.com">www.solvancamping.com</a></td>
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<tr>
<td>Høyangerbadet</td>
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<td>57 71 27 00</td>
<td><a href="http://www.h%C3%B8yangerbadet.no">www.høyangerbadet.no</a></td>
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<td>Fruiluftsbadet i Årdal</td>
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<td>57 66 53 71</td>
<td><a href="http://www.sognefjord.no">www.sognefjord.no</a></td>
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Beachvolleyball

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Emptying facilities for camper vans

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<td>Vassbakken Kro og Camping</td>
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Fuel filling from the quay

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<tr>
<td>Slidesenteret</td>
<td>Slinde/Sognal</td>
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<tr>
<td>Gjestehavn (Guest harbours &amp; marinas)</td>
<td>Balestrand, Vik and Flåm</td>
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<tr>
<td>Ornes Balbyggeri</td>
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Country code for Norway : +47.
Transportation

Vegnmelding 175 / 81 54 89 91 www.vegvesen.no
Ruteopplysning 177 eller 57 65 95 12 www.ruteinfo.net

Bus companies

Nettbuss 57 67 66 00 www.nettbuss.no
Nor-way Bussekspress www.nor-way.no

Airlines

Wideroe 81 00 12 00 (plasbestilling) www.wideroe.no

Car ferries / Passenger boats

Norled 51 86 87 00 www.norled.no
Fjerre Solvorn-Ursnes-Solvorn 91 79 42 11 www.lustrabatane.no
Fjord 1 Fylkesbaat www.fjord1.no
Nordlandsbreen brebåt 57 68 32 50 www.brengen.no
Fjærlandsfjorden www.visitflam.com

Taxi

Aurland 90 13 08 08 www.aurlandtaxi.no
Balestrand 95 95 61 13
Sogndal 57 67 10 00 www.sogndaltaxi.no
Fjærland 90 92 65 82 www.fjaerland.org
Gaupne / Luster 57 68 16 20
Flåm 90 13 08 08
Høyanger 907 22 100 www.hoyangertaxi.no
Leikanger 57 65 31 23
Vik i Sogn 95 95 61 27 io.no/taxi/vik
Årdal 47 66 44 44
Solheim Taxi (Laerdal) 41 51 01 00 www.i-laerdal.no

Car rental

Europcar/Toyota Sogn Kaupanger/Sogndal flyplass 57 67 66 70 www.europcar.no
Hertz/Toyota Sogn Kaupanger/Sogndal flyplass 57 67 99 70 www.hertz.no
Sogndal Bilpleie Sogndal 90 55 65 57 www.sogndal-bilpleie.no
Kviknes Hotel Balestrand 57 69 42 00 www.kvikneshotel.no
Balholm bilutleie Balestrand 41 24 82 53 www.rentacarbalholm.com
Flåm bilutleie Flåm 93 08 56 45 post@flambilleie.no
West – maskin Laerdal 57 66 93 05 www.west-maskin.no

Rescue service

NAF Redningstjeneste 08505 www.naf.no
Viking Redningstjeneste 06000 www.vikingredning.no
West – maskin/Falkk Laerdal 02222 www.west-maskin.no

Useful phone numbers

Veterinarian

Dyreklinikken Sogndal 57 67 55 55
Vakttelefon Leik/Sogndal/Luster 97 58 86 29
Veterinær Vik 57 69 53 03
Veterinærvakta Laerdal 88 00 63 66

Dentist

Tannlege Hallgeir Aardalen Aurland 57 63 34 02
Balestrand Tannklinikk Balestrand 57 69 12 61
Gaupne tannklinikk Gaupne 57 65 63 90
Tannlege Kjell Olav Ugelen Gaupne 57 68 13 27

Tannlegevakta Laerdal 57 64 13 50
Tannlege Lærdal Lærdal tannhelse Lærdal 57 62 71 80
Tannhelsetenesta Vik 57 69 52 00
Sogn Tannhelsesenter Sogndal 57 67 77 87
Tannele Kjell Bathun Sogndal 57 67 19 50
Tannele Jan Kristoferson Sogndal 57 67 18 22
Ásta Ellinor Vaim Lavgik 57 71 45 33
Harald Rørvik Høyanger 57 71 45 35
Ingvild Olsland Boge Høyanger 57 71 45 35
Tannele Årdal 57 66 30 44

Doctor

Aurland Legekontor Aurland 57 63 20 00
Balestrand legekontor Balestrand 57 65 13 00
Leikanger legeteneste Leikanger 57 65 56 66
Luster legeteneste Gaupne 57 66 56 00
Lærdal legevakant Laerdal 57 66 95 11
Sogndal Legesenter Sogndal 57 62 97 00
Vik legekontor Vik 57 69 87 00
Høyanger legesenter Høyanger 57 71 44 80
Øvre Årdal legesenter Øvre Årdal 57 66 53 90
Legekontor Årdalstangen Årdalstangen 57 66 52 90

Weather

yr.no
storm.no

Tour information

ut.no

Emergency number

Fire: 110
Police: 112
Ambulance: 113

Country code for Norway: +47.

Take a taxi!!
www.aurlandtaxi.no

(+47) 90 13 08 08

We are not to be held responsible for mistakes or changes in the given information.
The Tindevegen road is the tourist route between Årdal and Turtagrø. It is located between Norway’s spectacular fjords and the mountains in Jotunheimen National Park. From Tindevegen you will have the magnificent views of Norway’s highest peaks and the mountains of Breheimen National Park. Tindevegen is known as «the Short cut through Jotunheimen». Season: May-November.

Read more at www.tindevegen.no
Welcome to Vesterland

- Cabins
- Hotel
- Camping
- Restaurant
- Swimmingpool
- Kids pool
- Indoor playland
- Indoor RC race track
- Bike rental
- Gym
- Squash courts

www.vesterland.no

Vesterland Feriepark
(+47) 57 62 71 00  •  adm@vesterland.no

Glacier Guiding & Body Rafting

BOOKING: (+47) 47 02 78 78

Leirdalen Bre og Juv
www.breogjuv.no